

# Freedom of Information Request

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Reference Number: Ref EPUT.FOI.18.625  
Date Received: Date 29.06.2018

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**\*Note to Applicant:** As of 1 April 2017, North Essex Partnership University NHS Foundation Trust (NEP) and South Essex Partnership University NHS Foundation Trust (SEPT) merged to form one new organisation known as Essex Partnership University NHS Foundation Trust (EPUT).

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## Information Requested:

This request concerns expressive/creative therapies. This refers to the use of the creative arts as a form of therapy and includes art therapy, drama therapy, music therapy and dance therapy.

For each question I am seeking information for each of the following time periods (financial years):

- i) 2014/15
- ii) 2015/16
- iii) 2016/17
- iv) 2017/18 to date (most recent data available)

1. Does your trust provide expressive/creative psychological therapies? If yes, which types?

Art Psychotherapy, Dramatherapy, Dance Movement Psychotherapy and Music Psychotherapy.  
Dramatherapy has not been offered since 2015.

2. How many staff do you employ who are trained in expressive/creative therapies? \*

2014-15- 11

2015-16- 9

2016-17- 9

2017-18- 7

\*These are staff numbers, not WTEs.

3. How much is spent on providing expressive/creative psychological therapies?

2014-15 £578k

2015-16 £249k

2016-17 £177k

2017-18 £314k