

Freedom of Information Request

Reference Number: Ref EPUT.FOI.18.631
Date Received: Date 03 July 2018

***Note to Applicant:** As of 1 April 2017, North Essex Partnership University NHS Foundation Trust (NEP) and South Essex Partnership University NHS Foundation Trust (SEPT) merged to form one new organisation known as Essex Partnership University NHS Foundation Trust (EPUT).

Information Requested:

1. Does your trust provide a specialist adult community eating disorders service? If so what is the name of this service?
2. What is the catchment area for referrals?
3. What age range does this service provide treatment for? (e.g. 16+ or 18+)
4. Do you accept referrals for patients with diagnosed or suspected...?
 - Anorexia Nervosa: Y/N
 - Bulimia Nervosa: Y/N
 - Binge Eating Disorder: Y/N
 - Atypical Eating Disorder/OSFED: Y/N
 - ARFID (Avoidant Restrictive Food Intake Disorder): Y/N
 - Other conditions (please specify): Y/N
5. Please specify the referral/exclusion criteria for the service.
6. Does your service use BMI as a single/sole measure to determine whether to offer treatment for an eating disorder? If Yes, please specify the relevant inclusion/exclusion criteria:
7. For patients who began treatment with a diagnosis of Anorexia Nervosa at this service, what was the **average BMI** at start of treatment for the following years:
 1. 2015-2016
 2. 2016-2017
 3. 2017-2018 (if available)

8. For patients who began treatment with a diagnosis of Anorexia Nervosa at this service, what was the **highest BMI** at start of treatment for the following years:

1. 2015-2016
2. 2016-2017
3. 2017-2018 (if available)

Response

The Trust does not record this data in a manner that is easily retrievable, to provide a response would require a manual trawl which would take more than 18.5 hours – half an hour is needed to go through each record and there are over 200. The Trust is therefore applying Section 12 of the Act (where cost of compliance exceeds appropriate limit).

We are sorry that we have been unable to assist with your request on this occasion, but if we can be of assistance in the future please do not hesitate to contact us.