

Assessment of Competencies for Junior Doctors
To be completed within the first week of each new placement of trainees
 Please send a copy to the appropriate clinical tutor

Post:

Location:

Supervisor:

Trainee's Name:

Start date of placement:

End date:

Skills and knowledge	Sufficiently competent	Learning need identified
Physical examination In line with the Trust Physical healthcare Policy		
Safe taking of blood samples		
Interpretation of blood results		
Safe prescribing of psychotropic and basic medication for commonly occurring physical conditions e.g. headache, constipation etc.		
Safe management of commonly occurring physical conditions (urgent/non urgent) including side effects of medication		
Mental state examination		
Psychiatric history taking		

SAMPLE - DO NOT USE

Skills and knowledge	Sufficiently competent	Learning needs identified
Safe Record keeping and defensible documentation – this will include clear entries in notes in line with CPA policy and health and social care record policy and the formulation of timely, accurate and clear discharge summaries		
Basic knowledge of key sections, holding powers and the processes for giving treatment under the Mental Health Act and Common Law		
Basic knowledge of the Mental Capacity Act and Consent to Treatment		
Risk assessment		
Knowledge and skills in relation to therapeutic intervention/treatment of the most common psychiatric conditions		
Therapeutic relationship building/ communication skills		
Multi disciplinary working		

The trainee has assured the Supervisor that he/she has the competencies required for this post as outlined above. He/she understands that these will be subject to an ongoing monitoring process and learning needs will be addressed as indicated.

Trainee _____

Supervisor _____ Date _____