

Freedom of Information Request

Reference Number: [EPUT.FOI.19.1015](#)
Date Received: [19th March 2019](#)

Information Requested:

I am concerned that some mental health trusts are not suitably delivering the Early Intervention in Psychosis (EIP) programme. I am keen to assess how your trust is performing on key metrics which determine the success of EIP.

1. What is your total budget for EIP in

- a. 2018-19
[4.02m *](#)
- b. 2017-18
[3.94m *](#)

* Note these are the direct costs of the teams and do not include any of the indirect or overhead expenditure. They include an estimate of the Medical staffing costs supporting this service.

2. What is the caseload of EIP patients in

- a. 2018-19
[520](#)
- b. 2017-18
[495](#)
- c. 2015-16 (before the target was introduced)
[410](#)

3. What is the spend per EIP patient on your caseload for the financial years

- a. 2018-19
[Service line costs, therefore per person rates, are not available yet. The National Costs Collection deadline is July 2019.](#)
- b. 2017-18
[£8,532 per person.](#)
[This is based on the South Essex service. The North Essex service is integrated in a larger team so it is not possible to identify the specific costs relating to Early Intervention.](#)

4. What is the age range for EIP patients on your caseload in 2018-19?

[14 years – 65years](#)

5. Are there any age restrictions in respect of patients accepted onto your EIP programme? If so, what are they?

[14years – 65years](#)

6. What was the mean waiting time (from the Mental Health Services Data Set) for EIP patients between first referral and starting treatment in
 - a. 2018-19 (estimated)
12 days
 - b. 2017-18
14 days
 - c. 2016-17
14 days

7. What was the longest waiting time for an EIP patient on your caseload between first referral and starting treatment in
 - a. 2018-19 (estimated)
91 days
 - b. 2017-18
143 days
 - c. 2016-17
159 days

8. What percentage of EIP patients on your caseload received CBTp sessions in
 - a. 2018-19 (estimated)
It should be noted that the audit has changed so not able to compare against last year, as previous NCAP audit measured "offered". This year's audit measures "took up and commended"

23%
 - b. 2017-18
23%
 - c. 2016-17?
12%

9. Of those EIP patients who received CBTp sessions, what was the average number of CBTp sessions received in
 - a. 2018-19 (estimated)
10
 - b. 2017-18
21
 - c. 2016-17?
8

10. What percentage of those patients not in education, employment or training received two or more appointments with an IPS worker in
 - a. 2018-19 (estimated)
18%

- b. 2017-18
10%
- c. 2016-17?
6%

11. NHS England has commissioned the Royal College of Psychiatry’s College for Clinical Quality Improvement (CCQI) to assess and rate EIP teams on 4 scales of 1 (Requires Significant Improvement) 2 (Requires Improvement) 3 (Good) and 4 (Outstanding). What was the rating of your EIP team in

- a. 2018-19 (estimated)
Data not currently available
- b. 2017-18

	ESTEP West	ESTEP East	Mid Essex	North East Essex	West Essex
Timely Access	Level 4	Level 4	Level 4	Level 4	Level 4
Effective Treatment	Level 2	Level 2	Level 2	Level 2	Level 2
Well Managed Service	Level 1	Level 1	Level 1	Level 1	Level 1
Overall	Level 2	Level 2	Level 2	Level 2	Level 2

12. If your team has not been rated as 3 (Good) or above, what is the biggest barrier for achieving NICE Concordance?

- ARMS
- Increasing demand
- Recruitment and retention
- Physical health take up

13. What percentage of patients had been discharged before the end of the 3 year EIP plan period in

- a. 2018-19 (estimated)
62%
- b. 2017-18
71%
- c. 2016-17
62%

14. What was the EIP caseload in

- a. 2015-16 (before the psychosis target was introduced)
Not available
- b. 2018-19
520

15. What is the ratio of service users to care co-ordinators in
- a. 2018-19 (estimated)
 - North - Estimated only as cases migrating over in North EIP Teams – 25 per case load
 - South 13 per case load
 - b. 2017-18
North – unable to provide information as mixed case load
South – 13.8
 - c. 2016-17
North – unable to provide information as a mixed case load
South – 8.8
16. What are the retention rates for EIP staff in
- a. 2018-19 (estimated)
81.25% average stability
 - b. 2017-18
89.51% average stability
 - c. 2016-17?
81.22% average stability
17. What are the vacancy rates for EIP staff in
- a. 2018-19 (estimated)
18.75% average turn over
 - b. 2017-18
10.49% average turn over
 - c. 2016-17
18.78% average turn over
18. When the psychosis targets were introduced, NHS England mandated that each provider and its CCGs (or STP) should have an up to date EIP Service Development Plan (SDIP) in place. When was your SDIP last updated?
2018/19