Information Requested:

We would be grateful if you would answer the following questions please regarding the provision of Couple Therapy for Depression/Behavioural Couples Therapy in IAPT services:

1. Does Essex Partnership University NHS Foundation Trust provide an IAPT service? Yes/No
   Yes

2. If your answer to the first question was ‘Yes’, does this IAPT service currently offer Couple Therapy for Depression/Behavioural Couples Therapy? Yes/No.
   Yes

3. If your answer to the second question was ‘No’, please would you state the reason(s) why the service does not offer this therapy.
   N/A

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT’s Publication Scheme is located on its Website at the following link https://eput.nhs.uk/