

Freedom of Information Request

Reference Number: [EPUT.FOI.19.1086](#)
Date Received: [Legal Team](#)

Information Requested:

We would be grateful if you would answer the following questions please regarding the provision of Couple Therapy for Depression/Behavioural Couples Therapy in IAPT services:

1. Does Essex Partnership University NHS Foundation Trust provide an IAPT service? Yes/No
[Yes](#)
 2. If your answer to the first question was 'Yes', does this IAPT service currently offer Couple Therapy for Depression/Behavioural Couples Therapy? Yes/No.
[Yes](#)
 3. If your answer to the second question was 'No', please would you state the reason(s) why the service does not offer this therapy.
[N/A](#)
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Publication Scheme:

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