

MANAGEMENT OF ACUTELY DISTURBED PATIENTS (ADULTS)

Before considering pharmacological measures:

- Consider de-escalation, using non drug approaches: seclusion/moving to a low stimulus area, talking down, time out, distraction
- If possible, do a mental state examination and physical state examination, take a history including drug/alcohol status, drug sensitivities, concurrent medication
- Check for intercurrent illness and recent illicit substance use
- Establish a working diagnosis
- Check for any advance directive in relation to medicines

NON-PHARMACOLOGICAL MEASURES UNSUCCESSFUL OR INAPPROPRIATE

