West Essex Frailty Pathway: Falls

Patient has a fall in the community
Assessed by clinician in home setting (Paramedic/ECP/GP/Nurse)

Attending clinician to undertake full examination including risk factors*

Ability to weight bear easily following fall or at/close to previous baseline mobility

YES

Can patient be safely left at home for routine falls follow up?

YES

If observation of any risk factors or previous falls, REFER TO FALLS PREVENTION TEAM via SPA and NOTIFY GP

If NO risk factors present or previous falls, NOTIFY GP of fall. Consider which early intervention service needed

NO

Is there an unmet health, social care and, or mental health need?

Is there LOW index of suspicion for fracture/serious head injury or acute CVA, but same day urgent medical and MDT assessment required?

Refer to SPA for same day RAC MDT assessment

NO

Is there HIGH index of suspicion for fracture/serious head injury, acute CVA or other potentially life threatening critical illness?

Refer to A&E by emergency transport

Early Intervention Services Available
- Care homes falls programme
- Medication Review
- Consider risk profile and, or MDT discussion if there are complex issues for care planning
- Refer to SEPT falls prevention service
- Refer to integrated reablement
- Assistive technology

Assessment including following risk factors:
- Circumstances of fall
- Any previous falls
- Any LOC causing fall
- Gait and balance assessment
- Postural hypotension
- Polypharmacy
- Signs of acute illness – neurological exam and assessment for possible acute infection
- Visual impairment
- Evidence of cognitive impairment
- Presence of obvious environmental hazards at home
- Social isolation/unmet care need
- Loss of confidence/fear of falling
- Safeguarding issues