

## **Spinal Injuries Association (SIA) Academy**

**The SIA Academy delivers CPD-accredited education and training for health and social care professionals, giving an insight into the complex and sometimes unique issues that affect people living with spinal cord injury.**

### **Symposium on SCI Acquired through Illness or Disease**

With increasing numbers of people acquiring their Spinal Cord Injury through illness or disease rather than an accident, this Study Day covers the treatment and care of conditions such as Cauda Equina, Transverse Myelitis and Metastatic Spinal Cord Compression.

### **Good Clinical Practice in Spinal Cord Injury**

Delivered in-house, this Study Day gives an overview of the key issues affecting spinal cord injured people, such as autonomic dysreflexia, bladder and bowel management and care of the skin.

### **Managing the Neurogenic Bowel: Skills and Competency Training**

Tailored for groups of up to six, participants will examine the theory and practise that underpins effective management of the neurogenic bowel. Learning will be evaluated via a written exam and case study work. Competency to safely undertake Digital Rectal Examination, Digital Rectal Stimulation and Digital Removal of Faeces will be demonstrated during a practical session on an anatomical training model.

### **Spinal Cord Injury – the Personal Perspective**

Our personal perspective sessions are delivered by members of our Peer Support team, all of whom are spinal cord injured. They are able to talk at first-hand about their experiences of living with this condition, and how they support others with newly acquired injuries.

For more information, or to make a booking for any courses, please visit the website [www.spinal.co.uk/learn/](http://www.spinal.co.uk/learn/) or contact Karen Mikalsen on **01908 604191** or via email to [k.mikalsen@spinal.co.uk](mailto:k.mikalsen@spinal.co.uk)

## About SIA

The Spinal Injuries Association (SIA) is the leading national user-led charity for spinal cord injured (SCI) people. Being user led, we are well placed to understand the everyday needs of living with spinal cord injury and are here to meet those needs by providing key services to share information and experiences, and to campaign for change ensuring each person can lead a full and active life. We are here to support you from the moment your spinal cord injury happens, and for the rest of your life.

For more information contact the following:

Spinal Injuries Association

SIA House

2 Trueman Place

Oldbrook

Milton Keynes

MK6 2HH

**T:** 01908 604 191 (Mon – Fri 9am – 5pm)

**T:** 0800 980 0501 (Freephone Advice Line, Mon – Fri, 11am – 1pm/2pm – 4.30pm)

**W:** [www.spinal.co.uk](http://www.spinal.co.uk)

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