

CLPG14a Appendix 13

PROCEDURE FOR CARDIAC ARRESTS WITHIN Basildon Hospital MHU

If there is a cardiac arrest within the MHU, the emergency Pin Point Alarm will be pulled to summon help and then '2222' must be dialled to activate the Basildon Cardiac Arrest team.

See Appendix 1 for signage.

Roles and responsibilities

Senior Nurse: Attends the area immediately.

Security: Opens front doors on Level B to allow access to the unit and directs the cardiac arrest team to location of event.

Unit bleep Holder nominates staff member to:

Opens the doors on Level A between Basildon Hospital and the Mental Health Unit and directs the cardiac arrest team. EPUT has in place a notice stating '**In an Emergency Press Green Box**'

Nurse in charge of area: Must ensure that:

- Cardiopulmonary resuscitation is initiated by EPUT staff.
- Resuscitation equipment has been obtained from the treatment room
- Doors to the area are opened to allow the cardiac arrest team access.
- That the patients' Health Care Records are available

Assessment unit: Takes the MRX defibrillator and grab bag to the area.

Resuscitation of the patient

Use the Resuscitation Council UK current guidelines.

See Appendix 2 for In-hospital resuscitation algorithm.

Arrival of the cardiac arrest team

The person, who had led the initial resuscitation attempt whilst waiting for the Basildon Cardiac Arrest team, needs to handover to the Cardiac Arrest team leader who will then co-ordinate advanced life support interventions and delegate to the team.

Transfer of the patient

Only when a patient is safe for transfer should this take place.

Senior Nurse: Needs to obtain a trolley from ECT on Level C

The BTUH Team Leader: Will bleep the A&E shift lead on Bleep 9020 to handover and inform them of the imminent transfer.

Complete the 2222 audit form (on the trolley).

Ensure the necessary equipment is ready for transfer.

Obtain necessary patient information.

Organise the team for transfer.

Route of transfer

Take the patient down to Level A via lift.

Transfer through the connecting corridors between the DGH and MHU buildings into the main hospital.

Take the lifts to Level C

Then follow signage to A&E

Post event

The resuscitation equipment must be checked and replaced immediately after use in accordance with the resuscitation equipment list and equipment locators.

Resuscitation Officer from BTUH will attend the area either during or after an event. To review the clinical documentation, this will be to identify if deterioration had not been identified earlier and / or if DNACPR should have been a consideration. Areas of concern will be incident reported. The Resuscitation Service will when available, provide support and ensure that the resuscitation equipment is checked in line with Resuscitation Policy expectations.

**In the event of a cardiac arrest ring
2222**

Ask the operator for the

Cardiac Arrest Team

State

WARD or AREA (NAME)

LEVEL

MENTAL HEALTH UNIT

**Wait for the operator to repeat the
information back to you before you end the
call.**

**Please refer to Resuscitation UK algorithm on pages 18 – 23 of this
document.**