Assess severity

**Severe**
Airway obstruction (ineffective cough)

- **Unconscious**
  - Start CPR

- **Conscious**
  - 5 back blows
  - 5 abdominal thrusts

**Mild**
Airway obstruction (effective cough)

- **Encourage cough**
  - Continue to check for deterioration to ineffective cough or until obstruction relieved