Paediatric Choking

Assess severity

Ineffective cough
- Unconscious
  - Open airway
  - 5 breaths
  - Start CPR

- Conscious
  - 5 back blows
  - 5 thrusts
  - (chest for infant)
  - (abdominal for child > 1 year)

Effective cough
- Encourage cough
  - Continue to check for deterioration to ineffective cough or until obstruction relieved