

## Freedom of Information Request

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**Reference Number:** EPUT.FOI.20.1504  
**Date Received:** 27 March 2020

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### Information Requested:

I am a researcher working on a project called the RECO study (<https://fundingawards.nihr.ac.uk/award/NIHR128128>) investigating treatment for co-occurring serious mental health and alcohol/drug issues (COSMHAD, often referred to as dual diagnosis). As part of this study, we are mapping all of the services available across the UK specifically for people with COSMHAD, regardless of what form these services might take and I was hoping that you might be able to aid us in this endeavour.

Specifically I was hoping that you might be able to provide the details of how you approach the treatment of service users that present with COSMHAD and list of the services for COSMHAD that you provide/work in conjunction with or any other services for COSMHAD that operate in your local area that you know of.

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### Response:

EPUT has a dual diagnosis policy and procedure to ensure service provision to individuals with a mental illness and problematic substance misuse. Each area has a dual diagnosis practitioner to support effective working and work proactively with service users to facilitate service delivery. As in line with guidance service response is mainstreamed in mental health services and we work in partnership with:

- Essex Arc – MH and substance misuse / alcohol
- STaRs – substance treatment and recovery service
- Open Road – specifically alcohol
- Phoenix Futures – substance / alcohol
- Ocan – who provide support with criminal justice system

A copy of the above Policy can be found on the Trusts Publication Scheme on in its Website at the following: <https://eput.nhs.uk/publication-category/d/>

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### Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>