Information Requested:

1. 
   a. As of March 6 2020, does your mental health trust have a zero-suicide ambition plan for mental health inpatients as per the Cross-Government Suicide Prevention Workplan? Please answer either Yes or No.
   
   b. What date was this plan implemented?

2. If you have a plan in place, has work begun to extend this plan to mental health patients as per Cross-Government Suicide Prevention Workplan? Please answer either Yes or No.

3. What actions were taken by the trust in the 2019/20 financial year as part of your Suicide Prevention Strategy?

4. How is the trust working to reduce suicide for mental health inpatients? Please give details.

5. 
   a. How many community mental health teams have been trained in suicide prevention in each financial year since 2015/16? Please give exact figures.

   b. How many of your trust’s staff members have been trained in suicide prevention in each financial year since 2015/16? Please give exact figures.

6a. For each financial year between 2015/16 and 2019/20, please could you state the number of recorded suicides and attempted suicides at each of your inpatient wards or units?

6b. Could you breakdown the information by financial year, the name of the inpatient ward or unit, whether it was a recorded suicide or attempted suicide, and involving a child aged 18 or under, or an adult? If confidentiality becomes an issue, please exclude the name of the inpatient ward.

For example:

<table>
<thead>
<tr>
<th>Tax year</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018/19</td>
<td>~</td>
</tr>
<tr>
<td>Adult recorded suicide(s)</td>
<td>2</td>
</tr>
<tr>
<td>Adult attempted</td>
<td>5</td>
</tr>
<tr>
<td>suicide(s)</td>
<td></td>
</tr>
<tr>
<td>---------------------</td>
<td>---------</td>
</tr>
<tr>
<td>Child recorded</td>
<td>1</td>
</tr>
<tr>
<td>suicide(s)</td>
<td>XYZ</td>
</tr>
<tr>
<td>Child attempted</td>
<td>3</td>
</tr>
<tr>
<td>suicide(s)</td>
<td>XYZ</td>
</tr>
</tbody>
</table>

7. 
   a. How much money has been allocated to suicide prevention each financial year between 2015/16 and 2019/20?

   b. How much money of said budget has been spent and unspent in each financial year?

   c. Can you provide a breakdown of what the money was spent on in each financial year between 2015/16 and 2019/20?

Please send me the information by email in an Excel (xls) document and not a PDF.

Response:

Please see attached response in Excel format as requested. However please note that we are only able to send Excel responses in CSV format.

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT’s Publication Scheme is located on its Website at the following link https://eput.nhs.uk
<table>
<thead>
<tr>
<th>Number</th>
<th>Information Requested</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a</td>
<td>As of March 6 2020, does your mental health trust have a zero-suicide ambition plan for mental health inpatients as per the Cross-Government Suicide Prevention Workplan? Please answer either Yes or No.</td>
<td>Yes</td>
</tr>
<tr>
<td>1b</td>
<td>What date was this plan implemented?</td>
<td>Plan agreed with Sustainable Transformation Programme(STP) Mental Health Programme Board covering Suffolk and North East Essex STP, Hertfordshire &amp; West Essex STP and Mid and South Essex STP on 7.6.19. There is an ongoing implementation plan.</td>
</tr>
<tr>
<td>2</td>
<td>If you have a plan in place, has work begun to extend this plan to mental health patients as per Cross-Government Suicide Prevention Workplan? Please answer either Yes or No.</td>
<td>Yes</td>
</tr>
</tbody>
</table>
| 3      | What actions were taken by the trust in the 2019/20 financial year as part of your Suicide Prevention Strategy? | Work completed to update the Trust suicide Prevention Strategy, including:  
- Updated Suicide Prevention Policy incorporating national work.  
- Dedicated suicide prevention trainer employed  
- Programme of training through Connecting With People,  
- Zero Suicide Alliance Training Promotion  
- Utilisation of Grassroots Stay Alive App in Essex region.  
- Enhanced Trust Ligature policy  
- Set up of self-harm group to review clinical guidance.  
- Improved family and carer involvement in SI investigations through Family Liaison officers  
- Promotion of consensus statement on confidentiality and suicide.  
- Stakeholder involvement through sign off of trust zero suicide ambitions with STP Programme Board  
- Memorandum of understanding with Samaritans  
- Engagement with Public Health leads in Southend, Essex and Thurrock |
| 4      | How is the trust working to reduce suicide for mental health inpatients? Please give details. | As per above. In addition: (Note prior to Covid 19 National Emergency Plans):  
- Prioritising suicide prevention training for staff  
- Prioritising improved family and carer involvement in care planning  
- Improving focus on disengagement of patients, 117 leave risk management and medication risk management.  
- Planned conference for staff and key stakeholders focusing on groups at risk of suicide.  
- Focussing on improving care for out of area admissions, robust 48 hour post inpatient discharge follow up and effective clinical supervision of staff. |
| 5a     | How many community mental health teams have been trained in suicide prevention in each financial year since 2015/16? Please give exact figures. | Essex Partnership University NHS Foundation Trust commenced 01/04/17 – data is therefore provided from that date.  
The Trust has initiated a dedicated programme of suicide prevention training utilising the Connecting with People framework. This training is due to be targeted towards key teams to ensure appropriate coverage, in the first instance over 2020 (Currently delayed due to Covid 19 National Emergency Plans.)  
This training is in addition to mandatory training undertaken in clinical risk management which also incorporates suicide prevention.  
In 2017-2018 Connecting with People training was recorded according to modules of the training completed. Staff are due to be offered refresher training to ensure full completion of all modules in 2020.  
2017-2018 Connecting with people training all Trust staff  
- 161  
- 55  
In 2018-2019 Connecting with People training was recorded including full completion of the training according to staff members and their designated team:  
- 27  
In 2019-2020 Connecting with People training was recorded including full completion of the training according to staff members and their designated team:  
- 1277  
Additional non-community mental health staff trained via Connecting with people  
- 2018/19 - 17  
- 2019/20 – 32  
2017-2018 Connecting with people training all Trust staff  
- 161  
2018-2019  
- 27  
2019-2020  
- 1277  
Total completed training  
- 1306  
Total staff yet to complete training  
- 339 |
| 5b     | How many of your trust’s staff members have been trained in suicide prevention in each financial year since 2015/16? Please give exact figures. | The trust also has suicide prevention training focussing on ligature risk for inpatient staff.  
2017-2018 Connecting with people training all Trust staff  
- 161  
2018-2019  
- 27  
2019-2020  
- 1277  
Total completed training  
- 1306  
Total staff yet to complete training  
- 339 |
### 6a
For each financial year between 2015/16 and 2019/20, please could you state the number of recorded suicides and attempted suicides at each of your inpatient wards or units?

Note 1: Please find following information on the number of recorded suicides at each of Essex Partnership University NHS Foundation Trust’s inpatient wards or units - this information represents deaths at inpatient wards or units concluded to be suicide at inquest.

Note 2: The Trust does not use a reporting code of "attempted suicide" on its electronic incident information system as it would be a subjective judgement to conclude that an act constituted attempted suicide. It is thus not possible to identify, via automated reporting, numbers of incidents at inpatient wards or units which would be classed as "attempted suicide". All incidents which might indicate an attempted suicide would usually be recorded as “self-harm” incidents with narrative identifying the exact nature of the incident.

Please note: Essex Partnership University NHS Foundation Trust commenced 01/04/17 – data is therefore provided from that date.

### 6b
Could you breakdown the information by financial year, the name of the inpatient ward or unit, whether it was a recorded suicide or attempted suicide, and involving a child aged 18 or under, or an adult? If confidentiality becomes an issue, please exclude the name of the inpatient ward.

<table>
<thead>
<tr>
<th>Tax year</th>
<th>Location</th>
<th>Adult recorded suicide(s)</th>
<th>Adult attempted suicide(s)</th>
<th>Child recorded suicide(s)</th>
<th>Child attempted suicide(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017/18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2018/19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2019/20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note, there is one death which occurred at an inpatient ward / unit in 2018/19 which is awaiting inquest and thus confirmation of whether this death was suicide is subject to inquest outcome.

<table>
<thead>
<tr>
<th>Tax year</th>
<th>Location</th>
<th>Adult recorded suicide(s)</th>
<th>Adult attempted suicide(s)</th>
<th>Child recorded suicide(s)</th>
<th>Child attempted suicide(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019/20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>01/02/20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note, there are three deaths which occurred at an inpatient ward / unit in 2019/20 which are awaiting inquest and thus confirmation of whether these deaths were suicide is subject to inquest outcome.

### 7a
How much money has been allocated to suicide prevention each financial year between 2015/16 and 2019/20?

Though there was no specific dedicated funds in this time period, all funds received through NHS England are dedicated to patient care and core part of staff and therapeutic input and a key part being managing risk of suicide in vulnerable patient groups. Going forward the local STP’s will receive from NHS England and allocate funding for needs identified through the Zero Suicide Ambitions for inpatients.

### 7b
b. How much money of said budget has been spent and unspent in each financial year?

As per 7a

### 7c
c. Can you provide a breakdown of what the money was spent on in each financial year between 2015/16 and 2019/20?

As per 7a