

**CG82 - CLINICAL GUIDELINE FOR THE ADMINISTRATION OF NALOXONE
FOR KNOWN OR SUSPECTED OPIOID OVERDOSE AND THE CLINICAL MANAGEMENT
OF THE NALOXONE TAKE HOME PROGRAMME**



Appendix 2

Take Home Naloxone Hydrochloride Training Checklist – For Service users

Service User Name: **Date of birth:**

Evidence of understanding	Assessor's signature
<p>What are the signs and symptoms of suspected opioid overdose? Unconscious, not responding to touch or noise, breathing difficulties, heavy snoring, rasping sounds, pinned pupils, blue tinge to lips, nose, fingertips.</p>	
<p>How and when would you call an ambulance? Dial 999. Naloxone is not an alternative to calling an ambulance.</p>	
<p>Describe the recovery position.</p>	
<p>Describe what Naloxone is and how it works? Opioid antagonist, antidote to heroin, reverses effects of heroin temporarily, does not reverse alcohol or benzos, quick acting 2-8 min.</p>	
<p>When would you administer naloxone? When the person will not wake, shows signs of overdose and they have been put into the recovery position. Call ambulance first.</p>	
<p>How do you administer naloxone by intramuscular injection? <u>For Prenoxad:</u> Assemble the injection as shown on the leaflet provided. Inject 0.4ml (up to the first black line) into the muscle of the outer thigh or upper arm. Repeat another 0.4ml dose every 2-3 minutes until the person wakes up or the ambulance arrives.</p>	
<p>How do you administer naloxone by using nasal spray? <u>For Nyxoid:</u> Take out the nasal spray as shown on the leaflet provided. Lay the affected person on their back, with their neck supported and head tilted back, insert the nasal spray into one of their nostril and press plunger firmly until it clicks and gives the dose, then place them in a recovery position. Repeat if there's no improvement after 2-3 minutes, or if overdose symptoms come back (this can be done while in recovery position).</p>	
<p>How long do the effects of naloxone last? 20 – 30 minutes. Overdose may return after this, especially if the person uses opioids again.</p>	
<p>Are you aware of the importance of staying with the person and handing over to the paramedics when they arrive? Tell the paramedics what the person has taken if you know, hand the used take home naloxone kit (Prenoxad or Nyxoid) to the paramedics.</p>	

I confirm that the above named client or representative has had Take Home Naloxone Kit training, has demonstrated sufficient understanding of overdose and using naloxone and has

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been provided with a Prenoxad/Nyxoid **(delete as appropriate)** prepack kit and information leaflet.

Staff Sign: **Client Sign:**

Staff Name: **Client Name:**

Date: **Date:**

Take home naloxone kit supplied (state whether Prenoxad or Nyxoid):

Batch no: **Expiry date:**

Please state reason for Nyxoid supply (if applicable):

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SAMPLE