

Freedom of Information Request

Reference Number: EPUT.FOI.20.1627
Date Received: 23rd August 2020

Information Requested:

The prevalence of 'Compulsive Sexual Behaviour Disorder' in the U.K. is unknown at this point and there is no tangible evidence to support the idea of this concept. However there seems to be a clinical need in this specific area. I would like to gather information about current treatment in the area of CSBD since its recent inclusion in the revised version of the International Classifications of Diseases-11 (ICD-11). It is imperative to document how accessibility to NHS talking therapy services can be improved for those exhibiting such behaviours.

1. Types of services offering problematic sexual addiction:
 - a. Number and job title of qualified mental health professionals within each service who offer treatment for sexual addiction
24 wte x High Intensity Therapists in IAPT
 - b. Number of sexual addiction specialists within the Trust
None. Sexual addiction can be managed utilising CBT and behavioural approaches that are aimed at managing compulsive behaviours. It is not considered appropriate for secondary care intervention as it does not reach the risk and severity thresholds. In primary care it is not considered as one of the presenting problems identified as a Common Mental Illness in the National Minimum Data Set and therefore any IAPT treatments in PHC would likely record any such treatment as "Compulsive Behaviour."
 - c. Lowest age limit for referral to service
18
2. We would also like to gather specific referral data for any individuals that had been referred for treatment of a sexual addiction problem within the trust as follows:
 - a. Number of referrals where sexual addiction was the primary reason for referral
 - b. Age of referrals
 - c. Gender of referrals
 - d. Type of treatment offered
 - e. How many attended first appointment
 - f. How many never attended
 - g. How many completed treatment
 - h. How many dropped out of treatment part way through
 - i. How many were still in treatment

The Trust does not capture a reason for referral of Compulsive Sexual Behaviour Disorder or any other Sexual Addiction category in IAPTUS (Information System)

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>