

Freedom of Information Request

Reference Number: EPUT.FOI.20.1773
Date Received: 16th December 2020

Information Requested:

Freedom of Information Request regarding externally commissioned provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.

1. Have you heard of the Service SHOUT?

No

2. If Yes please tick one of the following boxes below detailing where you have heard of the service:

- Advertisement on the TV
- Word of Mouth
- Have received Marketing communications
- Other (Please detail)

N/A

3. Since the beginning of the 2018/19 financial year, have you commissioned or used (if free) any external provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include provision delivered directly to targeted populations or universal services marketed and offered in your locality? If Yes please can you provide the following information about any external provision delivered since the beginning of the 2018/19 financial year:

- What is the name of the provision?
- Who is the provider?
- What is the focus/ are the main issues addressed by the provision? (*E.g. Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
- Who is the provision aimed at? (E.g. Children and Young People, adults, New Parents, the locality population)
- How is the provision delivered? (E.g. group work, one to one work, marketing of support services, helpline etc.)
- Are there any target groups your current provision is unable to reach? (E.g. New parents, children in care, secondary school, unemployed etc.)
- What is the annual cost of the provision?
- If you have an ongoing contract/licence for the provision, when does this end?

We have provided the table below to record your answers:

Name of the provision	Provider name	What is the focus / main issues addressed by the provision? (*see examples above)	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Annual cost of the provision	Contract/ licence end date
Samaritans	Samaritans	Mental health and wellbeing	Anyone	Helpline, E-mail, Letter, Face to Face	No formal contract held with EPUT but are in partnership with Samaritans This is voluntary with no cost to EPUT	
Crisis Cafe	Crisis Cafe	Mental health and wellbeing	Adults	One to one, drop in	This is the NHS Standard Contract for Mental Health Services	None
Peabody	Peabody	Housing	Adults	Helpline	No formal contract held with EPUT	
SERICC	SERICC	Support re sexual abuse	Adults	Helpline, face to face	No formal contract held with EPUT	
Changing Pathways	Changing Pathways	Domestic abuse	Adults	Helpline, face to face	No formal contract held with EPUT	
Motivated Minds	Motivated Minds	Mental health and wellbeing	Adults	Face to face, group, helpline	No formal contract held with EPUT	
Open Road	Open Road	Drug and Alcohol services	Adults	Face to face, helpline, online	No formal contract held with EPUT	
Home Start	Home Start	Supporting families	Families	Face to face, group, helpline	No formal contract held with EPUT	
Phoenix Futures	Phoenix Futures	Alcohol recovery	Adults	Group	£40,000 - £50,000	31.03.2021
Vita Minds	Vita Minds	Mental health and wellbeing	Adults	Face to face, group, helpline	No formal contract held with EPUT	
West Essex sanctuary operated by MIND	MIND in West Essex	Provide support to people in MH crisis and support admission avoidance	Adults	Mixed delivery, virtual and face to face	£80,000 - £90,000	31.03.2022

4. Do you have an annual budget for external mental health support provision? If yes how much is the budget and how is it split? (E.g. Cost of service delivery, marketing budget for new service)
- No
5. Since the beginning of the 2018/19 financial year, have you commissioned or used (if free) any external provision to train and support staff working with individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include training for targeted populations or universal training within your locality? If Yes please can you provide the following information about any training delivered since the beginning of the 2018/19 financial year:
- Who is the provider?
 - What is the focus/ are the main issues addressed by the training? (*E.g. Healthy Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
 - Who is the provision aimed at? (E.g. Children and Young People, adults, New Parents, the locality population)
 - How is the provision delivered? (E.g. Face to Face training, e-learning, Virtual Training)
 - What is the cost of the training?
 - If you have an ongoing contract/licence for the training, when does this end?

We have provided the table below to record your answers.

Provider name	What is the focus/main issues addressed by the provision? (*see examples above)	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Cost of the training	Contract/ licence end date
The Trust is unable to provide this information as it is not centrally recorded. To collate this information would require a manual trawl of all training records for the timescale requested which would exceed the time and cost limits as set out in the Act. The Trust is therefore applying Section 12 of the Act (where cost of compliance exceeds appropriate limit)					

6. Are there any gaps in mental health support services that you feel Mental Health Innovations 'Shout' Text service could support? If Yes please detail:
- As per our response to Question 1 the Trust has not heard of 'Shout'. However we would be happy to discuss and learn more about the service and possibly have a presentation
7. If Yes would you be interested in Mental Health innovations Charity contacting you to discuss the support they are able to provide? If Yes please detail:
- Name: [Lynnbritt Gale](#)
 - Job Title: [Associate Director](#)
 - Email Address: Lynnbritt.Gale@nhs.net

Applied Exemption:

Section 12 (Exemption where cost of compliance exceeds appropriate limit):

- (1) Section 1(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.
 - (2) Subsection (1) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.
 - (3) In subsections (1) and (2) “the appropriate limit” means such amount as may be prescribed, and different amounts may be prescribed in relation to different cases.
 - (4) The Secretary of State may by regulations provide that, in such circumstances as may be prescribed, where two or more requests for information are made to a public authority—
 - (a) by one person, or
 - (b) by different persons who appear to the public authority to be acting in concert or in pursuance of a campaign, the estimated cost of complying with any of the requests is to be taken to be the estimated total cost of complying with all of them
 - (5) The Secretary of State may by regulations make provision for the purposes of this section as to the costs to be estimated and as to the manner in which they are to be estimated
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT’s Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>