The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.

FOODS
- REGULAR
- EASY TO CHEW
- SOFT & BITE-SIZED
- MINCED & MOIST
- PUREED
- EXTREMELY THICK
- MODERATELY THICK
- SLIGHTLY THICK
- THIN

DRINKS

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