**The Adolescent Autism Spectrum Quotient (AQ) Ages 12-15 years Parent/Guardian Only**

## For full details, please see:

S. Baron-Cohen, R. Hoekstra, R. Knickmeyer, S. Wheelwright, (2006)

## The Autism Spectrum Quotient (AQ) – Adolescent Version

Journal of Autism and Developmental Disorders.

Name:........................................... Sex:................... NHS No:…………………………………..

Date of Birth:................................... Today’s Date.................................

Address………………………………………………………………………………………………….

## How to fill out the questionnaire

*Below is a list of statements about your child. Please read each statement very carefully and rate how strongly you agree or disagree by selecting the appropriate option opposite each question.*

# DO NOT MISS ANY STATEMENT OUT.

*Examples*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| E1. S/he is willing to take risks. | definitely agree | slightly agree | slightly disagree | definitely disagree |
| E2. S/he likes playing board games. | definitely agree | slightly agree | slightly disagree | definitely disagree |
| E3. S/he finds learning to play musical instruments  easy. | definitely agree | slightly agree | slightly disagree | definitely disagree |
| E4. S/he is fascinated by other cultures. | definitely agree | slightly agree | slightly disagree | definitely disagree |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Definitely Agree** | **Slightly Agree** | **Slightly Disagree** | **Definitely Disagree** |
| 1. S/he prefers to do things with others rather than on her/his own. |  |  |  |  |
| 2. S/he prefers to do things the same way over and  over again. |  |  |  |  |
| 3. If s/he tries to imagine something, s/he finds it very easy to create a picture in her/his mind. |  |  |  |  |
| 4. S/he frequently gets so strongly absorbed in one thing that s/he loses sight of other things. |  |  |  |  |
| 5. S/he often notices small sounds when others do  not. |  |  |  |  |
| 6. S/he usually notices car number plates or similar strings of information. |  |  |  |  |
| 7. Other people frequently tell her/him that what s/he has said is impolite, even though s/he thinks it is polite. |  |  |  |  |
| 8. When s/he is reading a story, s/he can easily imagine what the characters might look like. |  |  |  |  |
| 9. S/he is fascinated by dates. |  |  |  |  |
| 10. In a social group, s/he can easily keep track of  several different people’s conversations. |  |  |  |  |
| 11. S/he finds social situations easy. |  |  |  |  |
| 12. S/he tends to notice details that others do not. |  |  |  |  |
| 13. S/he would rather go to a library than a party. |  |  |  |  |
| 14. S/he finds making up stories easy. |  |  |  |  |
| 15. S/he finds her/himself drawn more strongly to people than to things. |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Definitely Agree** | **Slightly Agree** | **Slightly Disagree** | **Definitely Disagree** |
| 16. S/he tends to have very strong interests, which  s/he gets upset about if s/he can’t pursue. |  |  |  |  |
| 17. S/he enjoys social chit-chat. |  |  |  |  |
| 18. When s/he talks, it isn’t always easy for others to get a word in edgeways. |  |  |  |  |
| 19. S/he is fascinated by numbers. |  |  |  |  |
| 20. When s/he is reading a story, s/he finds it difficult to work out the characters’ intentions. |  |  |  |  |
| 21. S/he doesn’t particularly enjoy reading fiction. |  |  |  |  |
| 22. S/he finds it hard to make new friends. |  |  |  |  |
| 23. S/he notices patterns in things all the time. |  |  |  |  |
| 24. S/he would rather go to the theatre than a museum. |  |  |  |  |
| 25. It does not upset him/her if his/her daily routine  is disturbed. |  |  |  |  |
| 26. S/he frequently finds that s/he doesn’t know how to keep a conversation going. |  |  |  |  |
| 27. S/he finds it easy to “read between the lines” when someone is talking to her/him. |  |  |  |  |
| 28. S/he usually concentrates more on the whole  picture, rather than the small details. |  |  |  |  |
| 29. S/he is not very good at remembering phone numbers. |  |  |  |  |
| 30. S/he doesn’t usually notice small changes in a situation, or a person’s appearance. |  |  |  |  |
| 31. S/he knows how to tell if someone listening to  him/her is getting bored. |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Definitely Agree** | **Slightly Agree** | **Slightly Disagree** | **Definitely Disagree** |
| 32. S/he finds it easy to do more than one thing at  once. |  |  |  |  |
| 33. When s/he talks on the phone, s/he is not sure when it’s her/his turn to speak. |  |  |  |  |
| 34. S/he enjoys doing things spontaneously. |  |  |  |  |
| 35. S/he is often the last to understand the point of a  joke. |  |  |  |  |
| 36. S/he finds it easy to work out what someone is thinking or feeling just by looking at their face. |  |  |  |  |
| 37. If there is an interruption, s/he can switch back to what s/he was doing very quickly. |  |  |  |  |
| 38. S/he is good at social chit-chat. |  |  |  |  |
| 39. People often tell her/him that s/he keeps going on and on about the same thing. |  |  |  |  |
| 40. When s/he was younger, s/he used to enjoy playing games involving pretending with other children. |  |  |  |  |
| 41. S/he likes to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant, etc.). |  |  |  |  |
| 42. S/he finds it difficult to imagine what it would be like to be someone else. |  |  |  |  |
| 43. S/he likes to plan any activities s/he participates  in carefully. |  |  |  |  |
| 44. S/he enjoys social occasions. |  |  |  |  |
| 45. S/he finds it difficult to work out people’s intentions. |  |  |  |  |
| 46. New situations make him/her anxious. |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Definitely Agree** | **Slightly Agree** | **Slightly Disagree** | **Definitely Disagree** |
| 47. S/he enjoys meeting new people. |  |  |  |  |
| 48. S/he is a good diplomat. |  |  |  |  |
| 49. S/he is not very good at remembering people’s date of birth. |  |  |  |  |
| 50. S/he finds it very too easy to play games with  children that involve pretending. |  |  |  |  |

 MRC-SBC/SJW Feb 1998

When completed, please could you post the pack back to:

**Lighthouse Child Development Centre**

Snakes Lane

Southend-on-Sea

SS2 6XT

Or Email pack back to: [epunft.lighthouse.asd@nhs.net](mailto:epunft.lighthouse.asd@nhs.net)