

Freedom of Information Request

Reference Number: EPUT.FOI.24.3593
Date Received: 19th June 2024

Information Requested:

1. What services/pathways do you have in place for ARFID (avoidant restrictive eating disorder)
EPUT does not have any formal services or pathways in place for ARFID.

2. Between the years of 2013-present date how many children have been referred for ARFID?

Within Essex, Child and Adolescent Mental Health Services are provided by North East London NHS Foundation Trust (NELFT). As such, EPUT does not hold any data relating to these criteria. Referrals of children would be received by NELFT and requests for this information should be made directly to NELFT. You can submit an FOI request to NELFT by email to foi@nelft.nhs.uk, and for more information please see <https://www.nelft.nhs.uk/about-us-freedom-of-information>.

3. How many patients have been referred to out of the area services and been accepted? and refused.
Please see the response to question 2.
 4. How many consultants/nurses are ARFID trained? if not, is there planned training
Please see the response to question 2.
 5. What is the standard multi-disciplinary team for an ARFID patient?
Please see the response to question 2.
 6. What is the threshold/criteria to qualify for a care pathway for ARFID? E.g. weight for height % / specific referral pathway?
Please see the response to question 2.
 7. What therapy is used for those with Autism and ARFID?
Please see the response to question 2.
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>