

Freedom of Information Request

Reference Number: EPUT.FOI.24.3328
Date Received: 22nd January 2024

Information Requested:

Under the Freedom of Information Act I wish to request the following information:

1. The number of referrals made to each of the below services/through each of the below pathways* during 2015/16, 2022/23 and 2023/24 to date. Please break these figures down by the number of referrals received, the number of referrals accepted and the number of referrals responded to with advice and guidance or support, with the recorded reason for declination. Please provide earliest figures from 2015/16 and reasoning if you do not have 2015/16 figures available.

The table below shows for each financial year and service:

1. The number of referrals received
2. The number of referrals accepted
3. The number of referrals rejected (note, advice and guidance is not recorded as a reason for rejection)

EPUT do not have a Gender service.

	2015/16	2022/23	2023/24	Comment
CAMHS				
Referrals received	7786			EPUT had CAMHS services until October 2015, therefore only Apr-15 to Oct-15 activity included
Referrals accepted	6663			
Referrals rejected	1123			
Eating disorders				
Referrals received	694	492	355	
Referrals accepted	605	383	238	
Referrals rejected	89	109	117	
Autism (Adult)				
Referrals received	382	699	812	
Referrals accepted	369	670	788	
Referrals rejected	13	29	24	
Autism (CYP)				
Referrals received		526	439	CYP service did not start until March 2021
Referrals accepted		505	415	
Referrals rejected		21	24	

ADHD (Adult)				
Referrals received		3341	3163	Adult ADHD Service started August 2021
Referrals accepted		2675	2055	
Referrals rejected		8	7	
ADHD (CYP)				
Referrals received		933	1337	CYP service did not start until March 2021
Referrals accepted		893	1298	
Referrals rejected		40	39	
Crisis				
Referrals received	10692	6823	6274	
Referrals accepted	10351	6579	6034	
Referrals rejected	341	244	240	
Memory				
Referrals received	10346	9314	6798	Does not include Dementia services
Referrals accepted	9860	8829	6661	
Referrals rejected	486	485	137	
Talking therapies/IAPT				
Referrals received	16652	25140	18692	
Referrals accepted	14015	16881	12507	
Referrals rejected	2637	8259	6185	

2. Details of any policy change regarding altered thresholds for referrals, altered access to pathways or triage systems and documentation outlining the change (and reasoning of the change if available) as regards referrals to each of the below services/pathways.

*Services/Pathways (split into adult/CYP where applicable)

CAMHS

Referrals are kept jointly for the whole service. Changes were made in 2021 and introduce inpatient consultation for each referral that we may be able to offer an admission to. This is to introduce shared expectations of the admission and to clarify clear information about the request for admission and what interventions have been explored introduced before.

Eating disorders

For the Community Adult Eating Disorder Service, and with regard to altered thresholds for referrals, essentially the answer is 'no'. We remain commissioned to provide a service for moderate to severe presentations of specific eating disorders.

Autism & ADHD

We haven't had any changes in policy around referrals either in terms of Autism and ADHD services for adults but it's important to note that our adult Autism service in NE is relatively new and only started officially in Sept 2022. Our adult ADHD service in NE/West started in August 2021 and the adult MSE ADHD service started in June/July 2022. The adult Autism service in the South (Aspergers Service) has been in existence since 2009 and we haven't had any policy changes since the service started but have increased flexibility in that referrals in

some areas now come through the PCN teams who weren't in existence when we first started.

Crisis team

There was a change to policy made in March 2020 when the service went 24/7 via 111 press 2 for mental health for all Essex citizens. There is also a direct ambulance/police/GP & professionals line for referrals.

Memory

There has been no change of threshold for referral in to the dementia diagnosis pathways, as these are set out from NICE guidelines following the referrer ruling out certain issues and providing some evidence of cognitive and functional decline

Gender

N/A

Talking therapies/IAPTs

In relation to NHS Talking Therapies there are no policy changes to report as the services are governed by the NHS Talking Therapies manual which is governed by national – this is due to be updated/reviewed this summer. In terms of altered access to pathways or triage systems we now offer a digital triage referral pathway into our service via the website using Limbic Access, which is an AI tool. All information regarding our referral pathways are available to the public via the service website at www.therapyforyou.co.uk

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>