

Freedom of Information Request

Reference Number: EPUT.FOI.23.2927
Date Received: 16th of April 2023

Information Requested:

QUESTIONS FOCUSED ON ADULT ADHD SERVICES

For your financial years 2022-23 and 2021-22 please can you tell us?

Please note the North East and the West Essex Service commenced in August 2021 and Mid Essex Service commenced in July 2022

1. For each of those years how many adult assessments for ADHD were done?
 - a. If you have the data and it won't take us over the costs limit please can you break this down by gender?
 This includes initial assessments as described below as well as the diagnostic assessments themselves and covers both the NE/West and MSE services.

Assessed 21-22			Assessed 22-23		
Male	Female	Total	Male	Female	Total
85	124	209	215	307	522

2. For each of those years what was the average waiting time (in weeks) for adults who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder)?
 - a. If you have the data and it won't take us over the costs limit please can you break this down by gender?
 This includes initial assessments as described below as well as the diagnostic assessments themselves and covers both the NE/West and MSE services.

Average Waits (Wks) 21-22			Average Waits (Wks) 22-23		
Male	Female	Total	Male	Female	Total
5.41	5.53	5.48	20.24	20.79	20.56

3. For each of those years how many adult ADHD referrals were rejected prior to the individual receiving an assessment?
 - a. If you have the data and it won't take us over the costs limit please can you break this down by gender?
 This covers both the NE/West and MSE services.

Rejected 21-22			Rejected 22-23		
Male	Female	Total	Male	Female	Total
0	0	0	6	2	8

4. For each of those years how many adults were waiting for an ADHD Assessment at the end of the year.

a. If you have the data and it won't take us over the costs limit please can you break this down by gender?

This covers both the NE/West and MSE services.

Waiting as at 31/03/22			Waiting as at 31/03/23		
Male	Female	Total	Male	Female	Total
174	214	388	1108	1420	2528

QUESTIONS FOCUSED ON CHILD ADHD SERVICES

Please note EPUT commenced provision of the Childrens ADHD service from March 2022.

For your financial years 2022-23 and 2021-22 please can you tell us?

5. For each of those years how many child assessments for ADHD (Attention Deficit Hyperactivity Disorder) were done?

a. If you have the data and it won't take us over the costs limit please can you break this down by gender?

Assessed 22-23		
Male	Female	Total
291	121	412

6. For each of those years what was the average waiting time (in weeks) for children who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder)?

a. If you have the data and it won't take us over the costs limit please can you break this down by gender?

Average Wait (Wks) 22-23		
Male	Female	Total
31	31	31

7. For each of those years how many child ADHD referrals were rejected prior to assessment?

a. If you have the data and it won't take us over the costs limit please can you break this down by gender?

Rejected 22-23		
Male	Female	Total
20	12	32

8. For each of those years how many children were waiting for an ADHD Assessment at the end of the year.
- a. If you have the data and it won't take us over the costs limit please can you break this down by gender?

Waiting as at 31/03/23		
Male	Female	Total
31	11	42

GENERAL QUESTIONS ABOUT YOUR ORGANISATION AND ITS ADHD SERVICES

With relation to the present time (reflecting the most recent data that you have). Please can you answer the following questions?

With regards to your adult ADHD services.

9. Do you currently have a commissioned adult ADHD assessment service?

Yes

10. How many adults do you have waiting for an adult ADHD assessment?

We have two services for adults in EPUT, the North East and West Adult ADHD Service commenced in August 2021 and the MSE Adult service in March 2022. The MSE service started with an existing list of people from a previous waiting list in Mid Essex. As at 11th May 2023 there are 2309 adults waiting for an ADHD assessment across the two services.

Waiting as at 31Mar22	Waiting as at 31Mar23
246	2171

11. What is your current expected waiting time (in weeks) for an adult ADHD Assessment?

The waiting time target for assessment as set by the Commissioners is currently 90 days.

12. What is your current longest waiting time for an adult ADHD Assessment?

The Longest wait across the two services (as at 11th May 2023) is 112 weeks

13. What is your process for reviewing and deciding whether to accept or reject adults who have been referred for an ADHD assessment?

There are slightly different referral routes across the two services in NE/West and MSE.

In NE/West service GPs refer to the SPA teams in each area and they are asked to include a referral form which has details about symptoms, duration, MH concerns and risk, this is in addition to two screening measures (Weiss and Wender) one of which covers current symptoms and the other covers current as well as developmental symptoms. The SPA team will check that all information is included and will triage for MH concerns referring on as appropriate. (Secondary MH services will send either directly to the service with an assessment letter or will request the GP refers on). In MSE the GP and other referrers will complete the referral form, two screening measures (Weiss and Wender) and then send to the service directly for screening.

Once the referral is received by the service an initial assessment (clinical and psychosocial) with the individual will be completed including developmental history, past and current functioning, educational and work history, MH assessment, previous input from services. At least one informant (someone who knows the individual well) appointment will also be completed to gather additional information regarding present functioning as well as developmental history/history of symptoms. School reports will be sought as will information from work settings. This information once collated will be discussed within the MDT as to whether a diagnostic assessment should be completed.

A diagnostic assessment is completed utilising the DIVA and based around the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5)

14. Is your organisation confident that it is satisfying the NICE guidelines for adults with ADHD?
Yes

With regards to your child ADHD services

16. Do you currently have a commissioned child ADHD Assessment service?
Yes
17. How many children do you have waiting for a child ADHD assessment?
42 as at 1st April 2023
18. What is your current expected waiting time (in weeks) for a child ADHD Assessment?
31wks is the current average wait.
19. What is your current longest waiting time for a child ADHD Assessment?
95 weeks was the longest as at 1st April 2023 this is due to an inherited wait list from previous provider (this patient has an appointment booked in May)
20. What is your process for reviewing and deciding whether to accept or reject children who have been referred for an ADHD assessment?
1) Referral from GP, self-referral, Education or other health professionals
2) ADHD symptom checklist
3) A current SNAP IV questionnaires will be completed - standardised behaviour rating scales, a detailed developmental history of past and current functioning, and information obtained from family member or significant others who know the person well. A full clinical and psychosocial assessment of the person; this should include discussion about behaviour and symptoms in the different domains and settings of the person's everyday life.
4) Obtain cognitive ability and academic achievement in order to rule out a possible learning disability.
5) Gathers information from multiple sources (Parent/carer & School settings or Other sources.
6) We use the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) or International Classification of Diseases 11th Revision (ICD 11).

21. Is your organisation confident that it is satisfying the NICE guidelines for children with ADHD?
Yes

Information on your financial year.

23. What are the dates of your financial year 2022-23?
1st April 2022 – 31st March 2023
24. What are the dates of your financial year 2021-22?
1st April 2021 – 31st March 2022

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>