

Freedom of Information Request

Reference Number: EPUT.FOI.23.3127
Date Received: 11th of September 2023

Information Requested:

I would like to request the following information under the Freedom of Information Act

1. Copies of your trust's **observations policy**, including equality impact assessment/analysis (please state if no EIA has been completed).
[Please see attached document](#)
2. Copies of policies and documents pertaining to **banned or restricted items** (eg restrictions policies, banned items lists, room and possession search policies) Please include any equality impact assessments relating to banned items where available, please state if no EIA has been completed).
[Please see attached document](#)
3. Does your trust permit hot water bottles on the wards (this vary vary between wards)
[We support the patients using heat pads as an alternative to hot water bottles.](#)
4. Does your trust permit tampons on the wards (this may vary between wards)
[We do permit tampons on the ward. Tampons are not on our prohibited or restricted items list](#)
5. Please describe ward **bedroom and bathroom setup** for the mental health wards under your trust. (For example "*ward A has 20 beds, all are en suite with one accessible bathroom; ward B has 10 beds, there are 2 single-sex shared bathrooms and 2 en suite female rooms*").
[This is dependent on the ward, some wards have en suite bathrooms to every bedroom. Some do not have en suite, where this is the case the number of toilets per number of bedrooms differs slightly.](#)
6. Please describe the **bathroom access** for all seclusion suites and 136/health based places of safety. (eg "*seclusion room 1 has en suite access, seclusion room 2 has toilet access but this is separate to the main room so in some circumstances patient may not have free access*").
[Each seclusion room and 136 suite has its own en suite bathroom.](#)
7. Please provide copies of any **ward posters or patient information about where to access menstrua products**. Please state if your trust does not have any such posters or printed information.
[Currently, we do not have posters. Products are provided by the ward, but these are discussed verbally between staff and patients upon admission.](#)

8. Please provide information relating to **access to bins in ward bathrooms**. This may be covered in waste policies, if so please provide the policy and any associated equality impact assessment or state if this has not been undertaken. Please also provide details (eg “*ward A has sanitary bins in all bathrooms; ward B has no bins in en suite bathrooms but has a sanitary bin in 1 female shared bathroom; ward C has no bathroom bins; ward D has cardboard bins available*”) you may have other documents related to this question such as ward environment, policies or procurement documents. If so please provide these.
There are sanitary bins in all bathrooms on both female and mixed wards. In some but not all male ward bathrooms (for example, one has two sanitary bins), sanitary bins can be found.
9. Please provide copies of any policies relating to **supporting patients when menstruating** (or policies which discuss this matter) for example guidance for staff on supporting patients who are menstruating.
We do not have a policy that covers this
10. **Do you provide menstrual products for patients on your wards?** If so please explain the processes or provide relevant documents discussing this. For example, do wards purchase these through petty cash or are they ordered through the NHS supply chain? If available please provide ordering sheets for menstrual products over the past 1 year.
They are provided to wards on an ongoing basis and not purchased from petty cash. The patients are given these upon arrival to the ward, and a discussion is held between the staff and the patient at this time regarding access to them.
11. Please provide copies of any documents relating to **patient engagement/discussion around menstruation**. For example community minute notes where period products, bins or privacy when on periods are discussed.
On admission, these conversations are conducted one-on-one. The conversation is also conducted on a one-on-one basis with a member of the medical/pharmacy team should any prescribed medication have an impact on menstruation. Documentation of these conversations is included in the individual notes of the individual.
12. Please provide copies of **weight restoration or weight management policies** related to inpatient eating disorder services within your trust (if this service is provided). Your policies may have different names.
We do not have a designated adult or CAMHS inpatient eating disorder service within the Trust.

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT’s Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>



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