

## Freedom of Information Request

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**Reference Number:** EPUT.FOI.22.2687  
**Date Received:** 13.10.2022

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### Information Requested:

You recently setup something called the PD-CNMDT, the Personality Disorder Complex Needs Multi-Disciplinary Team. Please provide:

1. When this was setup (month and date).

September 2020

2. How many EPUT employees are in the team?

There are 10 staff in the PD&CN Team

3. The names of the people in the team, their specialisation and which ones are full time and which are part time involved in this particular team. (If you cannot provide names, please provide all the expertise in the team - for example, 2 x senior psychotherapists (FT), 1 x MH nurse (PT) etc)

2 Psychotherapists

1 Family Therapist

1 Psychologist

1 Social Worker

2 Assistant Psychologists

1 Specialist nurse

2 Service User Network Facilitators

4. Who does this team report to, to whom are they accountable i.e. where do they fit in the organisation structure?

The team is managed within the structure of the Psychological Services Directorate, reporting to the Clinical Director.

5. Please provide the terms of reference, mandate, mission statement or other operational guidance document governing what they do and how they do it.

The Specialist Personality Disorders and Complex Needs (PD&CN) Multi-disciplinary Team (MDT) has been created as part of service transformation for service users (SUs) living with/who might meet criteria for a diagnosis of personality disorder. It constitutes one part of the multi-provider/multi-service complex needs care pathway, the implementation of which is overseen by an Essex-wide steering group that includes partner providers and commissioners.

The primary functions of the team are: 1:1 interventions; consultancy and collaborative working; teaching and training; supporting initiatives in transformation that facilitate access and transitions of care for people with complex emotional needs. The team also supports the trust-wide Service User Network for people with complex emotional needs.

The Standard Operating Procedure is being applied across different locality needs and is in progress. It will be ratified by the Essex-wide steering group in due course.

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6. How many patients is this team currently assessing (as of 13th Oct, 2022) and how many have they completed assessing?

Formulation of need is determined at assessment at point of entry to Essex Partnership University NHS Foundation Trust Mental Health services, and the PD&CN MDT does not serve as a pipeline for PD&CN assessments. Most work is enhancing the management of cases within services teams, rather than on a diagnosis-specific treatment pathway. Consequently, the MDT do not separate assessment and treatment, but any people considered to be suited for expertise in the MDT are provided with initial sessions aimed at formulation of understanding which further informs treatment.

7. What powers does this team have outside of assessing patients' complex needs

The function of the PD&CN MDT is not one of power, but of support to colleagues and SUs across the system.

8. I've seen the data waiver form this team asks patients to sign to give the team carte blanche to share the patient's information with whomever they want. Can you confirm that these signed forms they've received from patients are fully compliant with GDPR and with the Data Protection Act?

Yes, these forms are fully compliant with GDPR and data protection.

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#### **Publication Scheme:**

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>