

Freedom of Information Request

Reference Number: EPUT.FOI.24.3398
Date Received: 28th of February 2024

Information Requested:

Please provide the following information by the following calendar years:

2020, 2021, 2022, 2023, 2024 up to the present date 28/2/24.

During each calendar year, in adult services:

1. How many new referrals started treatment for an eating disorder?

The number of Eating Disorder referrals received during the reporting period:

Referral Year	ED Referrals Received
2020	435
2021	531
2022	463
2023	457
2024	61

2. How many patients were discharged from your service following treatment for an eating disorder?

Number of patients with 2 or more contacts with the service who were discharged during the reporting period.

Discharge Year	ED Patients Discharged
2020	171
2021	214
2022	169
2023	176
2024	22

3. How many of those patients (discharged) had achieved a BMI of 18.5 or higher when they were discharged?

We can neither confirm nor deny whether some of the information you have requested is held by the Trust in its entirety. This is because the information requested is not held in an easily retrievable format, but may be recorded in individual records. In order to confirm whether this information is held we would therefore have to individually access all records within the Trust and extract the information where it is present. We therefore estimate that complying with your request is exempt under section 12 of the FOI Act: cost of compliance is

excessive. The section 12 exemption applies when it is estimated a request will take in excess of 18 hours to complete. We estimate that accessing and reviewing all health records and then extracting relevant information would take longer than the 18 hours allowed for.

4. How many of those patients (discharged) had a BMI of below 15 when they were discharged?

Please see response for question 3.

5. What was the lowest BMI recorded of a patient when they were discharged (out of patients from point 4)?

Please see response for question 3.

6. How many of those patients (from point 4) were readmitted within 3 years of being discharged?

Please see response for question 3.

Section 12 (Exemption where cost of compliance exceeds appropriate limit):

- (1) Section 1(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.
- (2) Subsection (1) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.
- (3) In subsections (1) and (2) “the appropriate limit” means such amount as may be prescribed, and different amounts may be prescribed in relation to different cases.
- (4) The Secretary of State may by regulations provide that, in such circumstances as may be prescribed, where two or more requests for information are made to a public authority—
 - (a) by one person, or
 - (b) by different persons who appear to the public authority to be acting in concert or in pursuance of a campaign, the estimated cost of complying with any of the requests is to be taken to be the estimated total cost of complying with all of them.

- (5) The Secretary of State may by regulations make provision for the purposes of this section as to the costs to be estimated and as to the manner in which they are to be estimated
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link

<https://eput.nhs.uk>