

Freedom of Information Request

Reference Number: EPUT.FOI.23.3243
Date Received: 20th of November 2023

Information Requested:

1. Please provide the names of all the different types of therapy that you have provided in the last 12 months (Nov 2022-Nov 2023)
Cognitive Behavioural Therapy based guided self-help including psycho-educational groups
Cognitive Behavioural Therapy
Eye Movement Desensitisation and Reprocessing
Person Centred Experiential Counselling for Depression
Couples Counselling for Depression
Interpersonal Therapy
Dynamic Interpersonal Therapy
Mentalisation Based Therapy
Acceptance and Commitment Therapy
Schema informed Cognitive Behavioural Therapy
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>