

Freedom of Information Request

Reference Number: [EPUT.FOI.22.2532](#)
Date Received: [20.07.2022](#)

Information Requested:

Response from previous FOI

NHS Essex Partnership University Rostering Policy & Procedure:

'8.13. Night shifts should be kept together where possible.

No more than 4 nights in a row should be allocated to a staff member.

Review Question

Q. Does this rule intend to reduce the workload of night shift or to improve their work/life balance, any other reason?

Q. Do you have any research or data to support this rule?

In particular, please tell us the reason why you set the number of "4 days" in row.

[We do not hold the information you have requested, Freedom of Information request provides access to information held by public authorities. We do not hold the information you are requesting regarding our Rostering Policy & Procedure.](#)

Response from previous FOI

There should be a minimum of 2 days off after a staff roster for a night shift.

Review Question

Q. Do you have any research or data to support your need to take 2 days off after a staff roster for a night shift?

[We do not hold the information you have requested, Freedom of Information request provides access to information held by public authorities. We do not hold the information you are requesting regarding our Rostering Policy & Procedure.](#)

Publication Scheme:

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<https://eput.nhs.uk>