Children’s Therapy Services

Patient Information

**Learning to do zips**

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| þÿ  \\sohvfs001\home$\maaike.moylett\My Pictures\fasteners\doing-up-a-zip.gif | Adult puts the zip on the track  Step 1- Child unzips the jacket Step 2 -Child moves the zip up |
| þÿ | Put the zip together for the child The child uses one hand to hold the bottom of the jacket.  The other hand to pull the zipper up. |

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| þÿ | Show the child how to align the zip before pulling up. |
| þÿ  þÿ | To make it easier use   * a key-ring on the zipper   or   * a ribbon on the zipper |

**Contact details:**

Children’s Occupational Therapy

E-mail: epunft.OTenquiries@nhs.net