



Symbols for Home



These symbols can be used flexibly to:

- make schedules to explain what is happening now and next
- explain daily routines
- provide choices
- support children to communicate their wishes

Schedules

It can be hard for children to be out of their usual routine. Using pictures helps them understand what is happening now and prepare for what is happening next. Schedules can be changed to suit each child. An overview of what is happening that week and that day can be helpful. A simpler 'first...then..' schedule is helpful for engaging children with activities and moving between activities or places.

How to make it:

- 1) Print out the pages
- 2) Cut out the pictures
- 3) Use blue tack to stick the pictures onto the schedules as needed

How to use it:

Daily/weekly timetable -

- 1) Plan what you are going to do that day and stick the symbols onto the schedule
- 2) Talk your child through what is happening that day
- 3) When you have finished doing something, say, it is finished and remove the symbol.
- 4) Point to the symbol for what is happening next and name it. For example, "iPad is finished, now it's lunchtime'.

'First..then...' schedule -

- 1) Stick the pictures to the schedule
- 2) Tell your child what is happening using simple language, e.g. "First breakfast, then iPad"
- 3) Once you have finished the activity, say it is finished, e.g. "Breakfast is finished" and remove the symbol
- 4) Move the second symbol into the 'first' box and add another symbol to the 'next' box, e.g. "First iPad, then outside"

If you do not have the right symbols, draw a picture to help explain.

Choose Board

It can be hard for children to be out of their usual routine.

Using pictures gives them ideas for what to do.

It can help give the days some structure and help your child know what to expect and what the choices are.

How to make it:

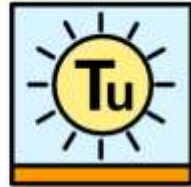
- 1) Print out the pages
- 2) Cut out the pictures
- 3) Use blue tack to stick the pictures onto the blank page
- 4) If you can't print it, look at the pictures together on the computer

How to use it:

- 1) Decide what the choices are for that day
- 2) Stick the pictures for those choices onto the blank page
- 3) Talk through the choices with your child and decide together what you want to do
- 4) Have fun!



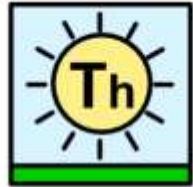
Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday



Sleep



Sleep



Sleep



Sleep



Sleep



Sleep



Sleep

▼
1
First

↻
then



Morning

--	--	--	--	--



Afternoon

--	--	--	--	--



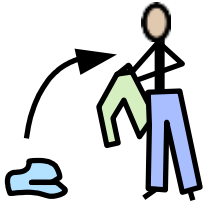
Evening

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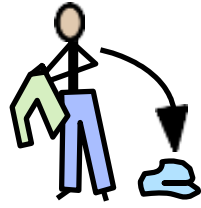


Night

--	--	--	--	--



dressed



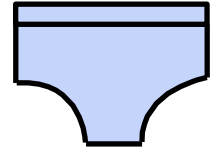
undressed



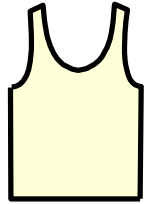
pyjamas



change



pants



vest



t-shirt



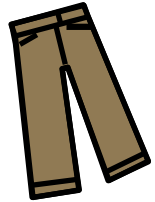
jumper



cardigan



coat



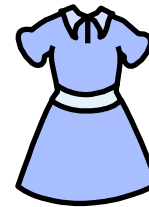
trousers



tights



skirt



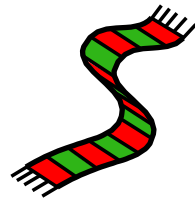
dress



hat



hijab



scarf



gloves



sunglasses



shorts



socks



shoes



sandals



wellies



slippers



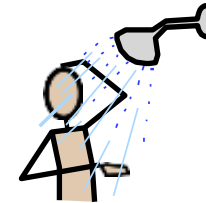
brush teeth



wash



bath



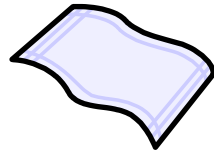
shower



brush hair



deodorant



pad



cream



spray



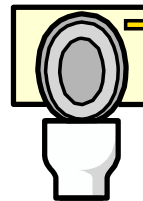
injection



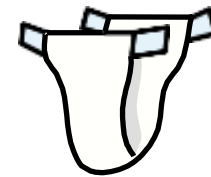
vitamins



haircut



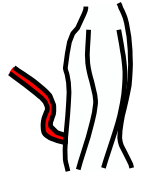
toilet



nappy



medicine



feeding tube



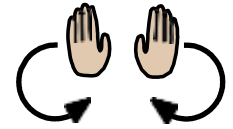
flush tube



hearing aid



glasses



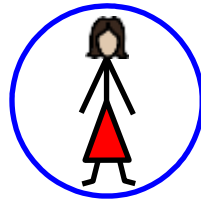
massage



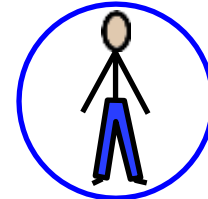
wash hands



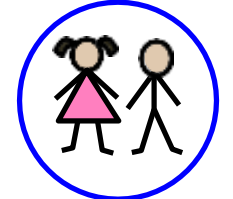
dry hands



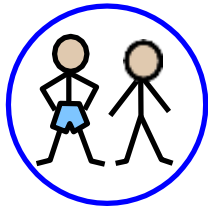
mum



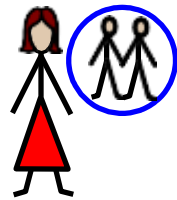
dad



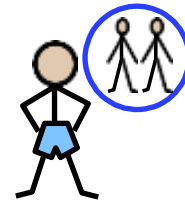
sister



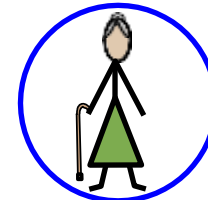
brother



auntie



cousin



grandma



grandad



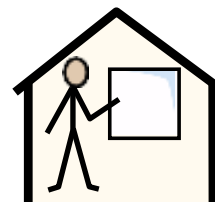
home



work



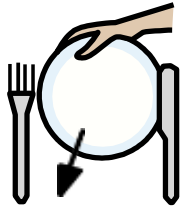
shop



school



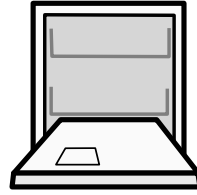
park



set table



clear table



dishwasher



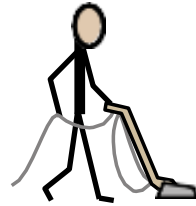
wash up



clean



tidy



hoover



mop



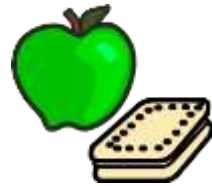
washing



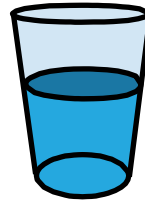
cook



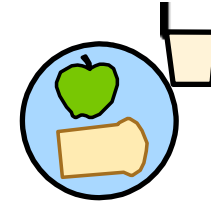
breakfast



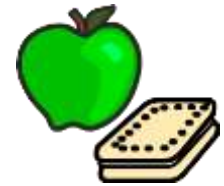
snack



drink



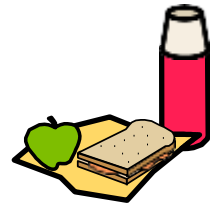
lunch



snack



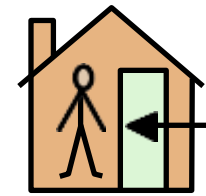
tea



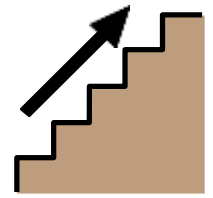
picnic



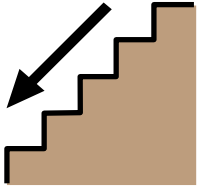
outside



inside



upstairs



downstairs



garden



bike



walk



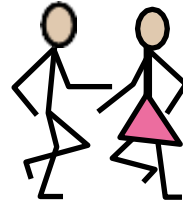
scooter



skip



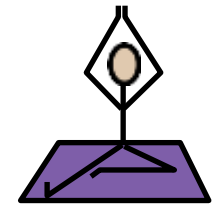
football



dance



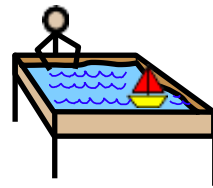
climb



yoga



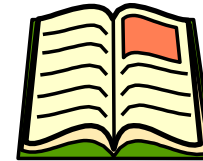
run



water



sand



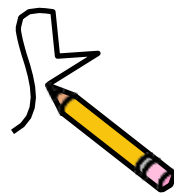
story



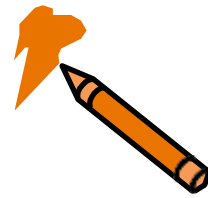
jigsaw



playdough



draw



colour



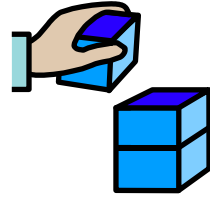
paint



craft



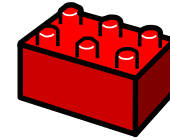
stickers



build



LEGO



Duplo



doll



teddy



ball



car



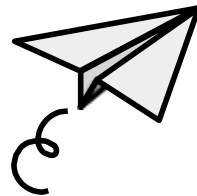
train



dress up



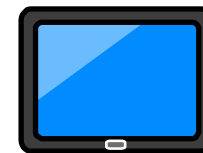
den



paper aeroplane



iPad



tablet



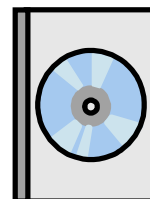
film



TV



computer



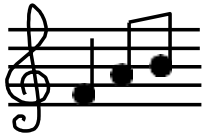
DVD



YouTube



music



music



music



sing



hide and seek



bubbles



game



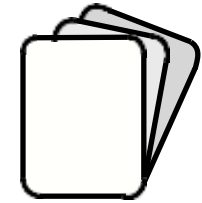
slime



tennis



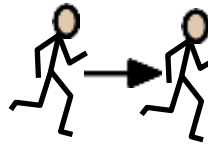
sport



cards



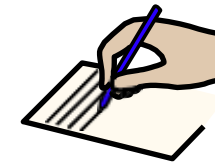
marbles



chase



read



write

123

numbers



science



geography

abc

letters



history

