

Freedom of Information Request

Reference Number: EPUT.FOI.23.2783
Date Received: 5th of January 2023

Information Requested:

1. The number of individuals who have been referred to IAPT services, who have been flagged as having financial difficulties in their social and personal circumstances, by financial year, since 2010.

As an organisation we do not currently have the ability (nor any sort of mandated requirement) to record on our patient systems when having financial difficulties in their social and personal circumstances. As a result, the only way we could identify this cohort would be to manually review the written case notes for each patient that was seen since 2010.

In the requested time period, the mental health services in EPUT saw approximately 51,000 distinct patients for a total of approximately 209,491 individual were referred. The case notes for every one of these referrals would have to be reviewed to determine if this was reported. Even if this took 1 minute per appointment reviewed, this would take 3,491 hours to complete.

2. The total number of individuals who have been referred to IAPT services, by financial year, since 2010.

Financial Year	Referrals
2010-2011	13031
2011-2012	16152
2012-2013	16522
2013-2014	14456
2014-2015	16495
2015-2016	16613
2016-2017	13758
2017-2018	15310
2018-2019	17426
2019-2020	12685
2020-2021	10982
2021-2022*	25432
2022-2023*	20629
Total	209491

** Note the increase in referrals since 2021. This is due to the Trust taking over the North East Essex IAPT service in April 2021, resulting in an increase in referrals to IAPT services across Colchester and Tendring.

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation.

EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>