



Talk to your baby

Learning to talk seems to happen naturally, but in fact you are key to making this happen. The following tips will help your baby to become a good talker and a confident, happy child.

- Always try to look at your baby as you talk to him
- Give him time to respond to your chatter
- Listen carefully, allow him time to finish talking, then answer your baby's noises and babbles
- Sing nursery rhymes together, especially action songs
- Talk about what you're doing throughout the day – when you're bathing, feeding, or changing his nappy
- Try to talk about the things your baby shows an interest in.
- Talk to your baby when he is in his buggy, even if it faces away from you.
- Try not to ignore your baby by chatting on your mobile phone or talking to your friends all the time you're out!
- Talk in the language that you know best. It doesn't have to be English!

(based on information from the National Literacy Trust 'Talk to Your Baby' Campaign)