



Essex Partnership University
NHS Foundation Trust



DOCTORS: ARE YOU CONSIDERING A CAREER IN ESSEX?



ABOUT EPUT

Essex Partnership University NHS Foundation Trust (EPUT) provides community health, mental health and learning disability services for a population of approximately 1.3 million people throughout Bedfordshire, Essex, Suffolk, and Luton.

We employ 5,000 people working across more than 200 sites. Our vision is to be the leading health and wellbeing service in the provision of mental health and community care. Providing mental health care is a vital part of our purpose and we need our mental health workforce now more than ever. We care for people, everyday; and what we do together matters. The mental health sector is rapidly expanding, and we are looking for more dedicated, talented, and diverse doctors to join our ranks. There has never been a better time to join EPUT.

Our services include:

Mental health services

We provide a wide range of treatment and support to young people, adults and older people experiencing mental illness both as inpatients and within the community. This includes treatment in secure and specialised settings.

Community health services

Our diverse range of community health services provide support and treatment to both adults and children. We deliver this care in community hospitals, health centres, GP surgeries and in people's homes.

Learning disabilities services

We provide crisis support and inpatient services and our community learning disability teams work in partnership with local councils to provide assessment and support for adults with learning disabilities.

Social care

We provide personalised social care support to people with a range of needs, including people with learning disabilities or mental illness, supporting people to live independently.



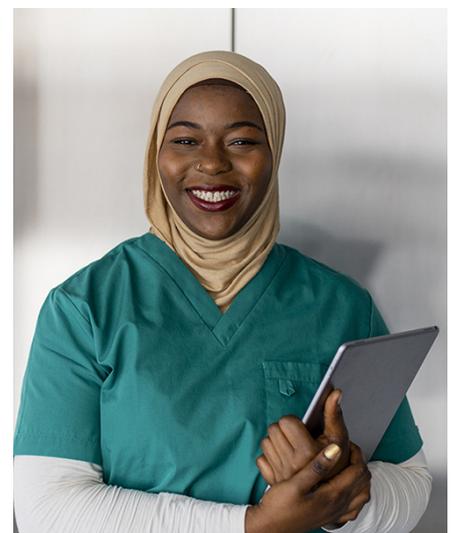
TESTIMONIAL

I am **Dr Fatma Khalil**. I work as a specialty doctor in the perinatal mental health team.

I think I am very lucky to be supported from all team members at my beginning here as I joined during COVID time, and in Christmas time which all people spend with families here. My seniors and colleagues was there for me not only in work related but in anything related to life here in Essex.

It did not take me long to get used to the friendly, laid-back atmosphere in Chelmsford city, which is small enough to never overwhelm but big enough to explore and discover your own highlights, Chelmsford is a city that quickly feels like home.

I am happy to work here and I think best thing about EPUT is teamwork, working to help patients, commitment to quality care.



WHAT YOU NEED TO START WORKING IN EPUT

Our doctors are at the forefront of the quality care we deliver to our patients. They reflect our three core values: **We Care, We Learn, We Empower.**

To work with us, you need to be passionate about helping people in a Mental Health setting, adapt well to change, and be able to demonstrate the following:

- You will need a Bachelor of Medicine, Bachelor of Surgery, or equivalent medical qualification
- You will need to be registered with the General Medical Council and on the Specialist Register
- Section 12 Approval and Approved clinician status
- You will also need the appropriate specialist qualifications required by the individual job roles.

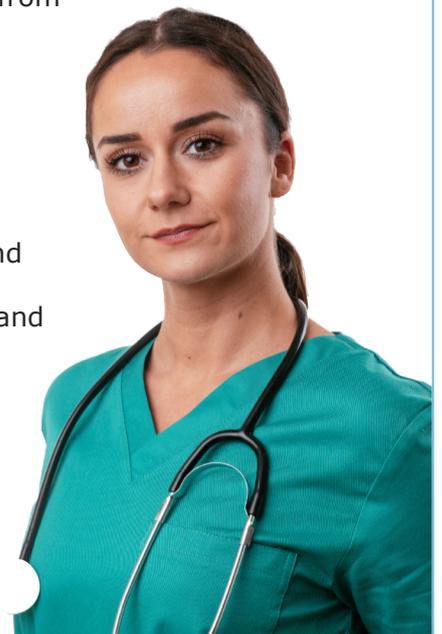


TESTIMONIAL

My name is **Dr Oksana Zinchenko**. I have been employed by EPUT since September 2009 and enjoyed my career pathway within the Trust from a registered mental health nurse to a medical doctor. I am currently in my second year of Core training in the East of England School of Psychiatry.

During my non-traditional professional journey, I felt valued, empowered and supported by my managers and supervising consultants, I worked on inpatient wards and in the community settings in the Mid and North areas of the Trust to gain valuable and unique experience in managing culturally and ethnically diverse populations. I was supported to flourish in both clinical, academic and psychotherapeutic skills, participated in audit and service improvement, and also had leadership opportunities.

I love my job and I love to work in a multidisciplinary team with knowledgeable, proficient, compassionate and empathetic colleagues for the good of our patients, their families and carers, for the benefit of the whole community.



WORKING AT EPUT

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I am **Dr Jennifer Ford**. I am a consultant in Old Age Psychiatry thriving with a wonderful and caring team on an organic (dementia) assessment ward and memory assessment service in Essex. I started working in this post in 2003 and have enjoyed my time so much because I get to give back to my community and work with a team who have realistic but strong goals for our patients. The team work confidently and cohesively to help our patients achieve the best results possible in their circumstances, undertaking rewarding and challenging work together.

Our team benefits from experienced and empathetic management staff in the different disciplines, who appreciate the unique challenges of working in a medical setting, making EPUT a really great place to work. All colleagues are encouraged to share their experiences openly which makes our work environment one of respect and friendly exchange of ideas, supporting one another to learn and grow whilst maintaining high standards of patient care.

Our staff deserve the very best

We offer a range of staff benefits including flexible working and excellent training and career development opportunities. Here are some of our highlights:

Career Development

All staff have an annual appraisal to consider personal development needs. This includes a wide range of training opportunities structured at varying learning levels and with different time commitments. Some of the training opportunities are provided within our trust and others through our external training partners. We support our staff with developing clinical, supervisory, and leadership/managerial skills so they can feel empowered and equipped to practice in a safe and effective way.

Staff Support

We are pleased to have in place dedicated teams working together to support our staff. Among them, we highlight our Counselling Services, Employee Assistance Programme, Bereavement Support, Training and Development Team, and many others.

Chaplaincy and spiritual care services are available for all staff. The team comprise of professional chaplains and a network of trained volunteers from varied faith backgrounds. They provide confidential support and aim to provide links with various faith and religious groups as required.

Equality and Diversity

We are committed to ensuring that our services and employment practices are fair, accessible, and appropriate for the diverse community we serve and the workforce we employ. Our networks are open to all and allow members of a protected characteristic group to have their say in the decisions made by the Trust, share their experiences with peers and help us develop improvements with our Equality & Inclusion Sub-Committee. If you want to find out more, please visit eput.nhs.uk/about/equality-and-inclusion.

Freedom to speak up

We are committed to maintaining a culture where employees feel safe raising concerns in the public interest and about patient care and the whole of the organisation is working together to achieving this goal. Visit the freedomtospeakup.org.uk/the-report website for more details.



LIFE IN ESSEX

Located to the north and east of the outskirts of London, Essex is a great place to live and work. Nearly 2 million people call Essex home, making it the second most populous county in England.

The border with London is densely populated, and the South Essex Thames Gateway is an area of real economic growth. This southern part of the county is very different to the large rural areas of mid and north Essex. It has excellent transport links to national and international destinations with three major airports on our doorstep, as well as a ferry link to Europe.

Leisure – there is lots to do

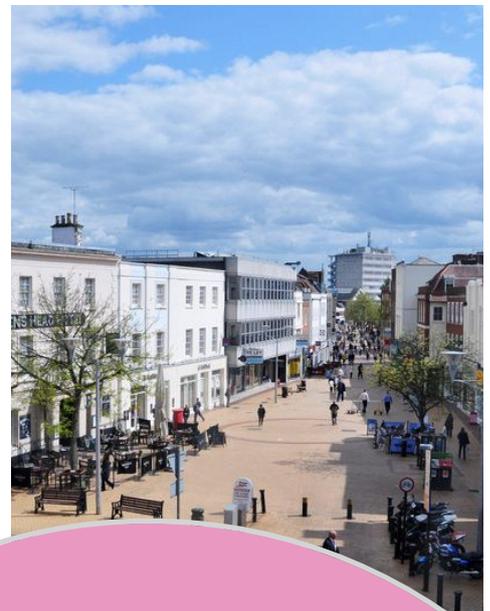
You're never stuck for things to do and see in Essex. From museums, historic sites, stately homes and nature reserves to coffee shops, shopping, gigs, and theatre. Great quality of life makes Essex a big draw for families – the open space and coast make a great natural playground, with parkland, country trails and rockpools to enjoy. To find out more here are some relevant links:

- Country parks – www.explore-essex.com
- Outdoor activities – www.essexoutdoors.com
- Sports and fitness – www.activeessex.org
- Local shopping and dining – www.essex.gov.uk/news/love-local-support-essex-businesses

Towns in Essex

Those who choose to live in Essex can explore our stunning countryside and seaside (we have more than 350 miles of stunning coastline), and our many picturesque towns and villages.

Four historic towns – Colchester for being England's oldest recorded town, Basildon and Harlow for being two of its newest and Chelmsford, the birthplace of radio – can be found in Essex and these are all also major population centres.



DO YOU WANT TO FIND OUT MORE ABOUT WORKING AT EPUT?

If you are interested in working with us, please apply through: eput.nhs.uk/working-here/medical-recruitment-fair.

For more information, please scan the QR code:



Alternatively, contact our team on:

Email: epunft.doctors@nhs.net



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I have been surrounded by generous support from the very first moment I joined this trust. I have found support in all the sites I worked in and from all the wonderful people here.

Dr Abdallah Elgabry





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