

Freedom of Information Request

Reference Number: EPUT.FOI.24.3314
Date Received: 15th January 2024

Information Requested:

I am reaching out under the Freedom of Information Act 2000 to request information regarding waiting lists for specific assessments and therapies. The requested period is the most current available or the most recent position.

Child and Adolescent Mental Health Services (CAMHS) Assessment: Please include community services only

1. What is the current number of people waiting for a CAMHS assessment?
Essex Partnership University Trust is not the provider of the community for the CAMHS service, this service is provided by North East London NHS Foundation Trust.
2. What is your average waiting time for CAMHS treatment?
Please see response to question 1.
3. Who is the person responsible for managing these waiting lists?
Please see response to question 1.
4. Has Essex Partnership University NHS Trust used independent providers to carry out work on the waiting list?
Please see response to question 1.

Neurodevelopment Assessment: Please include community services only. Please include, Autism, ADHD and combined neurodevelopmental assessments as part of your response. We are aware that there are long waits for both our adult ADHD and Autism services and are working closely with our ICB colleagues to address the situation for local individuals and families. In Essex as in other areas up and down the UK we have experienced a significant volume of referrals for both ADHD and Autism.

5. What is the average waiting time for a Neurodevelopmental assessment for children and adults?
The average wait for patients whose referral to treatment clock was stopped in December was 23 weeks.

For adults we have an ADHD service that covers North East and West Essex (NE/West) and one that covers Mid and South Essex (MSE)

For MSE adult ADHD the current wait times are 22 months from referral to initial assessment and then approximately 18 months from initial assessment to diagnostic assessment. This service started formally in July 22 and from this time to Dec 23 we have had 5198 referrals.

For NE/West ADHD referrals the current wait times are approx. 22 months from referral to initial assessment and then approximately 19 months from initial assessment to diagnostic assessment. Since August 2021 we have had 1890 referrals.

For adults we have an Autism service that covers North East Essex and one that covers South Essex.

For the NE Autism service there is an approximately 10-11 month wait for initial assessment then a further approximately 10-11 months for the diagnostic assessment following this. The total number of referrals from Sept 2022 up to 2nd of Feb 2024 is 835. There are currently 109 waiting for a diagnostic assessment and 211 awaiting an initial assessment and 69 awaiting information being returned so they can be triaged.

For the South Autism service we are currently seeing people who were referred in mid 2020. For people referred at the present time the waiting time is 3.5/4yrs. In this service we currently have 900 people awaiting a diagnostic assessment and 80 people waiting for intervention.

6. What is the current number of children and adults waiting for a Neurodevelopmental assessment?

As at 31st December there were 2046 patients with a referral to treatment clock still running.

For adults we have an ADHD service that covers North East and West Essex (NE/West) and one that covers Mid and South Essex (MSE).

The MSE adult ADHD service started formally in July 2022. From July 22 - Dec 23 we have had 5198 referrals. Currently we have 295 people awaiting a diagnostic assessment who have already had an initial assessment and informant contact. We have 3298 people waiting for an initial assessment.

The NE/West adult ADHD service started formally in August 2021. We have 2147 adults on the waiting list for triage or initial assessment and then 193 adults awaiting a diagnostic assessment.

For adults we have an Autism service that covers North East Essex and one that covers South Essex.

For the NE Autism service the total number of referrals from Sept 2022 up to 2nd of Feb 2024 is 835. There are currently 109 waiting for a diagnostic assessment and 211 awaiting an initial assessment and 69 awaiting information being returned so they can be triaged.

For South adult Autism service we currently have 900 people awaiting a diagnostic assessment and 80 people waiting for intervention. This service started in 2009 when we had 30 referrals in the first year with the number increasing from this time. In the year from April 2023 to the end of January 2024 we had 600+ referrals.

7. Who is the person responsible for managing this waiting list?

In an effort to ensure that the Trust does not receive unsolicited communications and/or any potential malicious malware, the Trust does not routinely publish the names or contact details of staff other than those publicly available through our Trust website.

Any staff details disclosed will be at senior level only and should not be used for the purpose of unsolicited communications or marketing purposes (in accordance with The Privacy and Electronic Communication Regulations, PECR) as well as ICO (Information Commissioner's Office) guidance.

8. Has Essex Partnership University NHS Trust used independent providers to carry out work on the waiting list?

No

Psychological Therapies: Please include community services only

9. What is the average waiting time for psychological therapies?

The average wait from referral to date of first appointment for IAPT patients who finished a course of treatment in December was less than *6wks. (**our waiting times to first treatment are commissioned to report 0-6, 6-18 and 18+ wks ranges*)

10. What is the current number of adults awaiting psychological therapy?

As at 31st December there were 488 IAPT patients waiting to attend their first treatment appointment.

11. Who is the person responsible for managing this waiting list?

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12. Has Essex Partnership University NHS Trust used independent providers to carry out work on the waiting list?

Yes

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link

<https://eput.nhs.uk>