

## Freedom of Information Request

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**Reference Number:** EPUT.FOI.23.2833  
**Date Received:** 13 February 2023

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### Information Requested:

I am writing to you under the freedom of information act to request the following:

1. How many patients under your care for eating disorders were put on the "not recovered pathway" in the last five calendar years (2016-17, 2017-18, 2018-19, 2020-21, 2022-23)? Please can you break this information down by gender (male/female) and age (-18/+18)

EPUT does not have a specific "not recovered" pathway; however, we do have and are developing other pathways to support people with an eating disorder in Essex. The Community Adult Eating Disorder Service in Essex is a specialist service designed to assess and treat moderate to severe eating disorders. The service primarily helps people who are suffering with Anorexia Nervosa and Bulimia Nervosa and variations of these eating disorders.

The Team offer intensive day treatment services and specialist assessment, evidence based psychological therapies and therapy groups. The Trust is also setting up additional pathways including a medical monitoring pathway for high-risk patients, and FREED (First Response Early intervention in Eating Disorders). FREED is a pathway which ensures those aged 25 and under, with a first presentation of an eating disorder which has been present for less than three years, can rapidly access treatment. These pathways are not yet available in all areas of Essex.

The Trust is also part of the Essex Adult Eating Disorder Provider Collaborative, which includes local specialist inpatient units.

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### Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>