

Emergency asthma kit should contain:



A salbutamol metered dose inhaler and manufacturer's instruction leaflet



Volumatic spacer



Yellow aero chamber (under 5's) and/or



Blue aero chamber (over 5's)

- Instructions on how to administer inhaler using spacer/plastic chamber
- Instructions on cleaning and storing the inhaler and spacer
- A record of administration template (i.e. when the inhaler has been used)
- Label for Expiry date – to be placed on the outside of the bag
- Pharmacy contact details
- A pen
- Asthma Champion's Details

We recommend that you have at least three emergency kits to accommodate for PE and school trips.