

### Freedom of Information Request

**Reference Number:** EPUT.FOI.23.2848  
**Date Received:** 20<sup>th</sup> of February 2023

**Information Requested:**

This request relates to **inpatient admissions** to your trust with a primary or secondary diagnosis of an **eating disorder** (please include all eating disorders - i.e. ICD10 code F50 - Eating Disorders).

Essex Partnership University NHS Foundation Trust does not provide any eating-disorder-specific inpatient services. Whilst regularly recorded for the relevant patients, BMI scores are not routinely recorded in a reportable format in our clinical systems. This is an issue which is currently under review, but at this time we are not able to provide the information in the request

1. Please state the number of inpatients with an eating disorder diagnosis that were **discharged** from your trust in:
  - a. 2018
  - b. 2019
  - c. 2020
  - d. 2021
  - e. 2022
  - f. Total (1 Jan 2018 to 31 Dec 2022)
  
2. Number of inpatients with a diagnosed\* eating disorder\*\* that were discharged from your trust, by BMI at time of discharge:

	Q1	Q2.i	Q2.ii	Q2.iii	Q2.iv	Q2.v
	Total discharged	BMI > 18.5	BMI 17-18.5	BMI 16-16.99	BMI 15-15.99	BMI <15kg
2018						
2019						
2020						
2021						
2022						
Total (1 Jan 2018 to 31 Dec 2022)						

If numbers above are so small that a significant proportion of the data is suppressed, please complete this alternative table:

	Q1	Q2.i	Q2.ii	Q2.iii
	Total discharged	BMI > 18.5	BMI 15-18.5	BMI <15kg
2018				

2019				
2020				
2021				
2022				
Total (1 Jan 2018 to 31 Dec 2022)				

**Number of inpatients with a diagnosed\* eating disorder\*\* that were discharged from your trust, by BMI at time of discharge:**

\*Primary

or

secondary

diagnosis

\*\*All eating disorders - i.e. ICD10 code F50 -

Eating Disorders

3. Please break down the early totals above by patient **BMI at time of discharge** in the following categories:
  - i. BMI > 18.5
  - ii. BMI 17-18.5
  - iii. BMI 16-16.99
  - iv. BMI 15-15.99
  - v. BMI <15kg

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**Publication Scheme:**

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link  
<https://eput.nhs.uk>