

CPG82 - Appendix 1

LIVED EXPERIENCE – INVOLVEMENT ACTIVITY DESCRIPTION FORM – No. [XXXX]

**Service Area:** Urgent Community Response Team (UCRT) – South East Essex Community Health Services

**Client Group:** Adults – South East Essex Community Health Services (Physical health)

**Involvement Activity:** Attendance at Programme Board meeting once a month, may include other occasional activities/input into design and development of services.

**Location:** MS Teams (or Rochford Hospital if MS Teams is not possible)

**Details of the activity:**

**What is UCRT?**

UCRT is the new collective name for the community teams who respond to the crisis needs of patients in their own homes, including nursing and residential care homes, to avoid admission to hospital or those in need of new 24-hour care.

You may already know the service by a different name, depending on your location:

- •“SPOR” in Basildon and Brentwood
- •“ESDAAR” in mid Essex
- •“RRAS” in Thurrock
- •“SWIFT” in Southend, Castle Point and Rochford

The same teams are still behind the service, but they have now come together under a single name and contact number.

Consisting of teams from Provide, NELFT and EPUT, the service has access to a range of specialists including: senior nurse assessors, independent non-medical prescribers, generic support workers and social workers to support patients to remain in their usual place of residence during an acute episode of illness or urgent social care crisis.

The service is managed by the Head of UCRT Services for Mid and South Essex. UCRT reports to a Programme Board, consisting of stakeholders from across the local health and care system. Decisions about the development of the service are made at the UCRT Programme Board.

**Type of involvement:**

Input to the UCRT Programme Board meeting once a month. We are looking for someone with a lived experience of using the community health services in South East Essex, who will be able to advise on their experiences to help develop and transform the UCRT services.

**Expectation of the person with lived experience:**

- Share experiences of using community health services in South East Essex
- Based on experience, advise the Head of UCRT Services and Programme Board what they think will and will not work locally; and how we can improve the quality of care that is provided and the experience of those using the UCRT services.

**Frequency of meetings to be attended and length:**

- UCRT Programme Board meeting once a month (1 hour meeting)
- Other occasional activities/input into design and development of services (up to 4 times a year)

**Skills and attributes required including any physical requirements e.g. use of stairs:**

- Experience of community health services in South East Essex
- Use of Microsoft Teams/IT input for meetings

**How often will involvement be required?**

Availability	Morning	Afternoon	Evening	Other please specify
Monday				
Tuesday		X		Once a month
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

**How many people with lived experience are required for the activity?**

1

**Training and safeguarding requirements**

Is a DBS required for this?

Yes                       No

**Training**

If there is any training requirements that are required to fulfil the involvement activity please detail them here:

Meet with Head of UCRT Services for Mid and South Essex for briefing of services and progress to date.....  
 .....  
 .....

**Payment and reimbursement details**

**Payment**

Involvement in this activity will be at a rate of £11.31 per hour.

**Reimbursement of Expenses**

The following will be reimbursed for this activity:

- Travel expenses
- Parking
- Subsistence (food)
- Telephone cost
- Stationery costs
- Equipment & Software

**Likely duration of activity**

On-going	Time Limited	Other please specify
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Anticipated commencement date: 3<sup>rd</sup> August 2021**

**Name of supervisor(s):**

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