

Talk to your bump



- **Hearing is one of the first senses to develop and babies can hear from about 16 weeks after conception. By 27 weeks, your baby can actually recognise your voice!**
- **Even at this age babies are able to isolate the sound of your voice (and your partner's) from all other sounds.**
- **Babies also respond to music played or songs sung to them in the womb. Music not only relaxes you, it also calms your baby.**
- **Set aside a little time each day to relax and communicate with your baby by talking to your bump, listening to music and tapping the rhythm on your tummy, or simply singing around the house!**
- **When choosing a pram or buggy, think about buying one that faces the pusher so that baby can see your face and communicate.**

Please note, whilst the information contained in the leaflets has been created by a Speech & Language Therapist, they are intended to complement the advice of professional healthcare staff.