

## Freedom of Information Request

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**Reference Number:** EPUT.FOI.22.2673  
**Date Received:** 07.10.2022

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**Information Requested:**

1. Do you provide services to children aged 0-17 years?  
Yes

If yes, we would like to know, for the period between 1st April 2021 and 31st March 2022:

2. The types of services (e.g., eating disorders, community mental health) provided to children aged 0-17 years and the name of the base of any community/hospital setting

1. **Children's Community Specialist Health Services** – The service does not admit patients. We see patients on a daily basis and provides services below:

- i. **Paediatric Asthma & Allergy service**

Provides age range: up to 16 years:

- Assessment
- Advice and Support
- Care plans
- Asthma, eczema and allergy education and training for children and young people and their families and carers.

The team works in partnership with parents, carers and health professionals in caring for children with asthma and allergies, empowering families to become active participants in their child's assessment and treatment.

**Referral Route:** Referral is via electronic referral on SystmOne, GP's and secondary care paediatric service

- ii. **Paediatric Community Nursing Team**

(PCN Team) provides clinical nursing care for children with complex and on-going health needs in the community. The team cares for children between the ages of 0 – 16 years who would need to return to hospital or their GP for their health care needs.

The service operates in partnership with children and their families to prevent unnecessary hospital admissions and facilitate early hospital discharges. This is encouraged by teaching and supporting children and their families to manage their conditions at home.

**Referral Route:** Referral is via electronic referral on SystmOne, GP's and secondary care paediatric service

- iii. **Paediatric Continence Advisory Service**

Provides age range 4 – 17 years specialist treatment, management, advice and support for children and young people with a bladder or bowel dysfunction. The

service has overall responsibility for the assessment of children's continence needs and the provision and supply of continence products.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services, community paed

iv. **Paediatric Community Diabetes Service**

Age range 0-19 years is a nurse led service that facilitates self/family-management, enabling children, young people and families living with diabetes to make the necessary adjustments to remain well, reducing mortality, morbidity and the need for hospitalisation.

**Referral Route:** Referral is via electronic referral on SystemOne, community paed

v. **Development & Play Advisors (Jigsaws)**

Age range Birth to 5 years is a specialist home visiting service for children identified as having developmental delay in more than two areas of development. It is also for children with diagnosed syndromes or disabilities. The service offers a 6 - 12 week programme of play and developmental work on one to one basis. The aim is to improve the play skills, attention span of children referred and to support parents to develop strategies to manage sensory behaviours that their child/ren may display. Assessments made, will with parents' consent be shared with paediatricians and education in support of possible EHCP or formal diagnosis

There is a sleep clinic which children can be referred to if criteria are met and the service will also support feeding issues in children who have safe swallow but previous enteral / Nasogastric feeding.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services, community paed

vi. **Essex School Age and Community Immunisation Services**

Provides the Childhood Vaccination Programme to all children and young people who are:

- Attending school within Essex, Southend-on-Sea and Thurrock
  - And/or are registered with a General Practice Essex, Southend and Thurrock
- And/or are resident in Essex, Southend and Thurrock

vii. **Family Nurse Partnership (FNP)**

Age range Birth – 2 years programme covers the six domains of personal health, environmental health, life course development, maternal role, family and friends and health and human services.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services

viii. **Specialist Health Visitor for Children with Additional Needs**

Age range Birth -5 years works alongside paediatricians at Lighthouse Child Development Centre and the Development & Play Advisors (Jigsaws) offering

support to families with complex and life limiting conditions.

ix. **Paediatric Liaison service**

Age range under 19 years ensures that there is appropriate and timely information sharing between Secondary Care (primarily Southend University Hospital Foundation Trust – SUHFT) and EPUT.

Community Children’s Services and other community Children’s services providers in Southend, Castle Point and Rochford.

Information includes children and mothers attending hospital for emergency/unplanned care, the maternity unit and for babies admitted to Neo-natal Intensive Care.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services, community paed

x. **Specialist HealthVisitors for Perinatal Mental Health**

Age range are mothers (and their partners) who are pregnant or with an infant until around 2 years of age. The aim is to provide extra support and build capacity for those families with low-moderate mental health needs that are primarily supported by primary care, universal services and the local community within the A Better Start wards in Southend.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services, community paed

xi. **Paediatric Speech and Language Therapy Service**

Provides assessment, advice, direct and indirect interventions for patients with speech, language and communication disorders.

xii. **A Better Start Southend Universal Speech & Language Therapy (SLT) Service**

£40m from The Big Lottery invested in A Better Start Southend to help develop new and improved Children’s Services for Southend. The initiative is part of a ten-year research and development programme working in partnership with parents, carers, and professionals to create and improve services focusing on families with children under four years-old.

**Referral Route:** Referral is via electronic referral on SystemOne, universal services, community paed

xiii. **Specialist School Nursing Service**

Provide support for children, young people and their families with additional and complex needs throughout their school lives from 3 to 19 years, both within special and mainstream schools.

xiv. **Children’s Epilepsy Service**

Provides support and advice for children and young people aged 0 to 18 who live in South East Essex and their parents and carers.

The team of specialist nurses and assistants offers competency-based training for other health and care professionals, parents, carers and colleagues within education, enabling individuals to support young people within school and early year's settings, whilst drawing up health plans in conjunction with others ensuring continuity of care.

xv. **Respite Service**

Provide respite and short breaks to children and young people aged 0 to 16 who have the most complex needs, supporting the delivery of the Aiming High for Disabled Children (AHDC) programme.

**Referral Route:** Referral is via electronic referral on SystemOne, community paediatrics

xvi. **Essex Integrated Sexual Health service**

Provides free, confidential, non-judgemental service available to the people of Essex regardless of sex, age, ethnic origin and sexual orientation.

xvii. **The Lighthouse Child Development Centre (from 1<sup>st</sup> March 22 to date)**

The **Lighthouse Child Development Centre** (CDC) provide comprehensive assessment for children and young people aged 0 to 18 who live in South East Essex and their parents and carers, diagnosis and management of developmental, learning and behavioural difficulties. The service specialises in assessing and managing ADHD, specific learning disorders and Autism Spectrum Disorders and neuro disabilities.

The centre offers specialist services for **Paediatric Occupational Therapy and Physiotherapy**. The Paediatric Occupational Therapy and Physiotherapy provide assessments and treatments for all children aged 0-18 referred to the team with musculoskeletal problems, physical disabilities, learning disabilities, co-ordination and specific learning difficulties, emotional and/or behavioural difficulties and acute or chronic illness.

i. **ADHD Nurse-Led Service**

The ADHD service main remit entails collecting a range of information from home and school; this is normally collected before any referral is accepted by the team. The team triage all referrals before a case discussions at weekly MDT meetings. The team carry out history taking with the young persons' and parent, provide psycho-education, Qb Test provides a valuable baseline measurement that can help to evaluate any future changes in your activity, attention and impulsivity before an assessments to consider if the child / young person may have a Neurodevelopmental condition.

**Treatment interventions** - The service provide a range of treatment interventions which can be initiated with parents or young person's consent and monitored for 3 months before 6 months continue care with GP's. If medication is indicated, with the family's agreement, parents are contribute to, help implement, monitor and review. While the medications are not a cure for ADHD, they have been proven to help people with the condition, improving their ability to concentrate, control their impulses and feel overall calmer.



Play Team - HPS Student								
Play Team - Play Therapist								
Play Team - Play worker or play leader								
Play Team- Bank Staff								
Play Team - Volunteers								
Other Play Staff (please specify)								

Other Play Staff (please specify)

6. Does the Play Team lead(s)/manager(s), if you have them, hold a Foundation Degree in Healthcare Play Specialism?

N/A

7. If any, how many of your health play specialists are registered with the Healthcare Play Specialist Education Trust (HPSET)?

N/A

8. How many hours do your play team typically work during one shift?

N/A

9. Which shifts do the Play Team typically work? (Select all that are applicable)

N/A

10. If you do not have a play team, do you have staff members that are trained to create opportunities for play with children but are not health play specialists nor play workers?

N/A

If yes, what are their job titles and which services/locations do they cover?

11. Does play feature in your planning for services and treatment for 0-17-year-olds?

N/A

12. Do you have a guidance/policy for staff members to incorporate play during assessments/treatments to put children at ease?

N/A

If yes, please can you attach a copy of this or a link where it can be accessed

Attached

Link provided

Unable to provide

13. Do you have any of the following in each of your service locations?

N/A

- Playrooms or play areas (please specify if these are age-specific)

Yes

No

If yes, where are they located:

- Toys, games, activities, and play items (please specify if these are age-specific)  
Yes-age specific                       Yes- not age specific                       No   
If yes, where are they located/services they cover:
  
- Commissioned or voluntary external entertainers  
Yes                       No   
If yes, where are they located/services they cover:
  
- Starlight provisions (services offered by Starlight)  
Yes                       No   
If yes, where are they located/services they cover:
  
- Other donations for toys and activities  
Yes                       No   
  
If yes, where are they located/services they cover:

14. Is there an annual budget for the delivery of play (e.g., toys, staffing, etc.) for your trust?

N/A

- a) What is the overall annual budget?
- b) How much of the budget is for staffing?
- c) How much of the budget is spent on resources and materials for play?

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**Applied Exemption:**

**Section 40 (Personal information):**

- (1) Any information to which a request for information relates is exempt information if it constitutes personal data of which the applicant is the data subject.
- (2) Any information to which a request for information relates is also exempt information if—
  - (a) it constitutes personal data which do not fall within subsection (1), and
  - (b) either the first or the second condition below is satisfied.
- (3) The first condition is—
  - (a) in a case where the information falls within any of paragraphs (a) to (d) of the definition of “data” in section 1(1) of the Data Protection Act 2018, that the disclosure of the information to a member of the public otherwise than under this Act would contravene—
    - (i) any of the data protection principles, or
    - (ii) section 10 of that Act (right to prevent processing likely to cause damage or distress), and
  - (b) in any other case, that the disclosure of the information to a member of the public otherwise than under this Act would contravene any of the data protection principles if the exemptions in section 33A(1) of the Data Protection Act 2018 (which relate to manual data held by public authorities) were disregarded.

- (4) The second condition is that by virtue of any provision of Part IV of the Data Protection Act 2018 the information is exempt from section 7(1)(c) of that Act (data subject's right of access to personal data).
- (5) The duty to confirm or deny—
  - (a) does not arise in relation to information which is (or if it were held by the public authority would be) exempt information by virtue of subsection (1), and
  - (b) does not arise in relation to other information if or to the extent that either—
    - (i) the giving to a member of the public of the confirmation or denial that would have to be given to comply with section 1(1)(a) would (apart from this Act) contravene any of the data protection principles or section 10 of the Data Protection Act 2018 or would do so if the exemptions in section 33A(1) of that Act were disregarded, or
    - (ii) by virtue of any provision of Part IV of the Data Protection Act 2018 the information is exempt from section 7(1)(a) of that Act (data subject's right to be informed whether personal data being processed).
- (6) In determining for the purposes of this section whether anything done before 24th October 2007 would contravene any of the data protection principles, the exemptions in Part III of Schedule 8 to the Data Protection Act 2018 shall be disregarded.
- (7) In this section— “the data protection principles” means the principles set out in Part I of Schedule 1 to the Data Protection Act 2018, as read subject to Part II of that Schedule and section 27(1) of that Act;
  - “data subject” has the same meaning as in section 1(1) of that Act;
  - “personal data” has the same meaning as in section 1(1) of that Act.

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**Section 12 (Exemption where cost of compliance exceeds appropriate limit):**

- (1) Section 1(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.
- (2) Subsection (1) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.
- (3) In subsections (1) and (2) “the appropriate limit” means such amount as may be prescribed, and different amounts may be prescribed in relation to different cases.
- (4) The Secretary of State may by regulations provide that, in such circumstances as may be prescribed, where two or more requests for information are made to a public authority—
  - (a) by one person, or



(b) by different persons who appear to the public authority to be acting in concert or in pursuance of a campaign, the estimated cost of complying with any of the requests is to be taken to be the estimated total cost of complying with all of them.

(5) The Secretary of State may by regulations make provision for the purposes of this section as to the costs to be estimated and as to the manner in which they are to be estimated

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**Publication Scheme:**

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>