

TOILET TRAINING SESSIONS

What is a CCA?

CCA is a Children's Continenence Advisor.

Who do we work with?

We offer toilet training advice, support and early intervention from the age of 18 months where it is known or anticipated there may be difficulties with toilet training.

We also undertake clinic-based one to one sessions in toilet training for children aged 4 and above who have been referred into the service.



Who do we work with?

The service is offered in Mid and South Essex either face to face in various community clinics or by telephone, if appropriate. Clinics are also offered in Special Schools, Support Groups, Pre-schools, Community Centres, etc.

How can you contact us?

Telephone our admin and leave a message for the CCA team on 0344 257 3954

The telephone line is staffed from 9.00am - 3.00pm Monday to Friday, with 24-hour voicemail facility.

Or email us: epunft.cybbs@nhs.net

Useful websites and videos:

Eric: eric.org.uk

Bladder & Bowel UK: bbuk.org.uk

The Poo Nurses:

youtu.be/9WqxJqLmKao

Useful app:

