

Freedom of Information Request

Reference Number: EPUT.FOI.24.3610
Date Received: 5 July 2024

Information Requested:

FOI to NHS Trusts-Perinatal mental health issues

1. How many new and expectant mothers received specialist perinatal mental health support?

Please provide data for each of the following years: 2021, 2022 and 2023.

Figures are based on patients with first F2F contact in the year.

Year	Number of patients receiving a specialist Perinatal assessment
2021-22	2323
2022-23	2486
2023-24	2743

- 1a) What is the total value of cost for such services - Broken down by perinatal depression, perinatal anxiety and perinatal psychosis?

	2020-21	2021-22	2022-23
	Direct Cost £m	Direct Cost £m	Direct Cost £m
Community Perinatal	2.59	3.94	4.91

We can neither confirm nor deny whether some of the information you have requested is held by the Trust in its entirety. This is because the information requested is not held in an easily retrievable format, but may be recorded in individual records. In order to confirm whether this information is held we would therefore have to individually access all records within the Trust and extract the information where it is present. We therefore estimate that complying with your request is exempt under section 12 of the FOI Act: cost of compliance is excessive. The section 12 exemption applies when it is estimated a request will take in excess of 18 hours to complete. We estimate that accessing and reviewing all health records and then extracting relevant information would take longer than the 18 hours allowed for.

2. How many mothers were diagnosed with postpartum psychosis?
Please provide data for each of the following years: 2021, 2022 and 2023, as well as patient ethnicity.

We can neither confirm nor deny whether some of the information you have requested is held by the Trust in its entirety. This is because the information requested is not held in an easily retrievable format, but may be recorded in individual records. In order to confirm whether this information is held we would therefore have to individually access all records within the Trust and extract the

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Section 12 (Exemption where cost of compliance exceeds appropriate limit):

- (1) Section 1(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.
 - (2) Subsection (1) does not exempt the public authority from its obligation to comply with paragraph (a) of section 1(1) unless the estimated cost of complying with that paragraph alone would exceed the appropriate limit.
 - (3) In subsections (1) and (2) “the appropriate limit” means such amount as may be prescribed, and different amounts may be prescribed in relation to different cases.
 - (4) The Secretary of State may by regulations provide that, in such circumstances as may be prescribed, where two or more requests for information are made to a public authority—
 - (a) by one person, or
 - (b) by different persons who appear to the public authority to be acting in concert or in pursuance of a campaign, the estimated cost of complying with any of the requests is to be taken to be the estimated total cost of complying with all of them.
 - (5) The Secretary of State may by regulations make provision for the purposes of this section as to the costs to be estimated and as to the manner in which they are to be estimated
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT’s Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>