

Freedom of Information Request

Reference Number: [EPUT.FOI.23.3070](#)
Date Received: [31st of July 2023](#)

Information Requested:

1. In the area you cover, are there services / pathways / arrangements for screening groups of young people with higher risk of mental ill-health, for example:
 - Children in contact with social care
 - Care leavers
 - Children who require support from multiple mental health services, e.g. an eating disorder service and anxiety service
 - Asylum-seeking children

[Yes](#)

 2. In the area you cover, are there specific arrangements for young people with complex needs, which may cut across multiple services, e.g. NHS mental health services, social care, youth justice, etc.?
 - A) Is there a mental health crisis care team for all young people in the area you cover?

[Yes](#)

 - B) Is follow-up care provided after contact with the mental health crisis team is terminated?

[No, this service is provided by Southend, Essex and Thurrock \(SET\) CAMHS under North East London NHS Foundation Trust.](#)

 3. Do children and young people's mental health services in your area extend to age 25, per NICE guidance?

[See response to question 2 part b](#)

 4. What support is in place for children accepted into NHS mental health services but that are on a waiting list to begin treatment?

[See response to question 2 part b.](#)

 5. Which of the following mental health services are offered in your area for children and young people with eating disorders?
 - Family therapy
 - Cognitive behavioural therapy
 - guided self-help
 - Interpersonal psychotherapy
 - Focal psychodynamic therapy

[See response to question 2 part b.](#)
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link

<https://eput.nhs.uk>