

Freedom of Information Request

Reference Number: EPUT.FOI.22.2688
Date Received: 15.10.2022

Information Requested:

I would like to find out the following information about the services that you are commissioned to deliver in Southend on Sea to people under the age of 18 who are experiencing emotional distress and/or who are at risk of attempting suicide:
For Essex Community CAMHS services these are delivered by North East London Mental Health NHS Foundation Trust.

Essex Partnership University NHS Foundation Trust provides inpatient care only although we work closely with community colleagues.

1. Inclusion/exclusion criteria.
12-18 years of age, suffering with a mental illness that is treatable
2. How the service is accessed, i.e. open access, self-referral, third party referral
Professional referral from a mental health professional
3. Channels of support, e.g. telephone, email, text, web chat, face-to-face, and types of location if face-to-face
Full multi-disciplinary team delivering face to face care within a hospital setting
4. Opening hours/availability
24 hours per day, 7 days per week
5. Type of support provided, i.e. structured therapeutic counselling, peer support, helpline.
Medical, Psychological / Psychotherapy, Nursing, Occupational Therapy and Educationalists, using a variety of approaches and model tailored to the needs of the young person
6. If support is provided to parents or carers.
Yes
7. Length of support offered
For the duration of the inpatient admission then handed over to community colleagues
8. If the support is provided by paid employees, freelance/contract staff, volunteers.
Staff are substantive employees although temporary workers are engaged as and when necessary
9. Intended outcomes for the service.
Numerous, but essentially to provide safe and effective care to young people within the service, achieving the best possible outcomes for them

10. Number of people under 18 that can be supported i) at any one time and/or ii) in any given twelve month period.

[The service has a maximum capacity of 39 beds](#)

11. Where relevant, number of people under 18 that have been referred to the service in the most recent reporting period (quarter or year)

[The total number of referrals of people aged 12 to 18 in April – June 2022 was 91.](#)

12. Number of people under 18 supported in the most recent reporting period (quarter or year)

[The total number of admissions of people aged 12 to 18 in April – June 2022 was 32.](#)

For each service, I would also like to request a copy of their:

- Safeguarding policy

[Please see attached](#)

- Confidentiality policy

[Please see attached](#)

- Position statement on self-determination, decision making and choice

[We do not have a position statement on self-determination decision making and choice. These are all principles we uphold and are embedded within procedures such as Capacity Assessments.](#)

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>