

## Freedom of Information Request

**Reference Number:** EPUT.FOI.22.2677  
**Date Received:** 10.10.2022

### Information Requested:

1. Could you state the number of staff members who were recorded to have had Long Covid while working for your trust at any time in the period between October 2021 - October 2022?

62

2. Could you state all leave of absences taken where Long Covid was cited as the cause between October 2021 - October 2022 and the length of time each absence lasted for.

Start	End	Duration (Days)
09/04/2021	28/02/2022	361
04/10/2021	31/10/2021	28
29/12/2021	07/01/2022	131
16/08/2021	31/08/2022	456
09/03/2022	28/06/2022	112
25/01/2022	26/06/2022	153
18/11/2021	18/03/2022	121
12/01/2022	26/08/2022	227
26/01/2022	31/08/2022	325
20/12/2021	08/03/2022	79
20/07/2021	28/11/2021	132
03/01/2021	03/10/2021	274
13/01/2021	10/07/2022	544
07/01/2022	17/02/2022	42
25/06/2022	24/07/2022	30
10/05/2021	30/01/2022	266
17/04/2020	29/07/2022	834
06/09/2021	16/10/2021	41
29/12/2020	02/07/2022	551
28/10/2021	17/11/2021	32
28/06/2022	14/08/2022	48
18/04/2022	26/06/2022	70
11/07/2021	02/01/2022	214
20/04/2021	09/01/2022	309
13/09/2021	13/02/2022	154
11/01/2022	11/02/2022	32
09/02/2022	09/03/2022	29
31/10/2021	12/12/2021	43
24/05/2021	31/08/2022	540

16/07/2021	02/11/2021	110
06/04/2020	31/08/2022	1097
06/09/2021	06/03/2022	182
11/12/2021	09/01/2022	30
19/11/2021	17/12/2021	29
23/06/2022	22/07/2022	30
03/01/2022	20/02/2022	49
09/03/2022	08/04/2022	31
18/05/2022	23/05/2022	6
04/11/2021	28/01/2022	86
11/02/2022	31/08/2022	202
21/03/2022	20/05/2022	61
29/07/2021	01/03/2022	216
29/12/2021	28/01/2022	31
15/03/2022	28/04/2022	45
20/04/2022	27/05/2022	38
29/10/2021	28/11/2021	31
12/01/2022	09/02/2022	29
03/12/2021	18/01/2022	47
05/10/2021	28/11/2021	55
29/12/2021	30/01/2022	33
01/02/2022	31/08/2022	262
13/11/2021	19/01/2022	68
22/03/2022	31/08/2022	163
28/02/2022	07/05/2022	69
11/07/2022	14/08/2022	35
30/12/2021	02/05/2022	124
01/05/2022	31/08/2022	173
13/01/2022	11/02/2022	30
30/09/2021	14/12/2021	76
07/01/2022	06/06/2022	151
17/03/2022	16/06/2022	92
20/07/2022	12/09/2022	55

3. Does your trust offer any specialised support for staff members living with Long Covid? If so could you please provide details of these services?

The Trust has a dedicated intranet page to support members suffering with long COVID and to support the managers of those employees. This contains details of the possible symptoms of long COVID, guidance for Trust staff and managers, links to long COVID webinars and Youtube links regarding long COVID. It also contains the details of the Trust's Occupational Health provider, should the affected staff members need to be referred to them due to it.

As detailed on the intranet page, there is a dedicated support service that is accessible to EPUT staff members suffering with long COVID, which is a free service provided by a neighbouring provider, Hertfordshire & West Essex ICS. This aims to

support staff by helping them manage some of the main symptoms associated with conditions like long COVID including: fatigue, breathlessness, brain fog, anxiety and joint pain.

This service opens up a fast-track route to support from a multidisciplinary team of health professionals including a respiratory Physiotherapist, Occupational Therapist, Mental Health Specialist and a GP. It also offers access to an array of complementary therapies and lifestyle programmes, including breathlessness programmes, specialised exercise, yoga and pilates classes, insomnia programmes, acupuncture sessions and more.

In addition, if the G.P. is within our catchment area for a staff member who's suffering with long COVID, the Trust provides support following the staff member's initial assessment and there is a post COVID Rehab Group that runs once a week.

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### **Publication Scheme:**

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>