

QB Testing

What is a Qb Test?

The Qb test is a diagnostic screening tool which provides objective information to aid the assessment of Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD). The test uses age and gender matched comparisons to assess a child's ability to concentrate, their movement and impulsivity.

The Qb Test is an essential part of the ADHD pathway and the results are used in conjunction with other ADD/ADHD assessment tools to aid clinical judgement.

On arrival we will:

- Check all your personal details are correct;
- Explain the test directions;
- Discuss why parents and carers are requested to leave the room to aid your concentration;
- Watch a test instruction video;
- Complete practice tests to make the child feel more confident;

Please note, the child can ask questions prior to the test starting and when they are ready the Qb screener will start the test. The screener will remain with the child in case they have any questions.

The test will last 15/20mins dependent on age. During the Qb Test the child will be asked to:

- Sit in front of a computer screen
- A soft flexible head band will be placed around the child's head with a reflective ball attached to measure their movement during the test
- The child will hold the responder button in one of their hands
- The child will click in response to certain shapes they see on the screen
- The Qb test will automatically end after the required time



Why have a Qb test?

The Qb results can help find out why a child may be having difficulties in concentrating, feeling fidgety or having too much energy at night. Some of these feelings may be more noticeable in school. The results of the Qb test can help determine the type of support they may need in the future to help them feel more confident.

Does the camera film the child?

The camera only films the movement of the infra-red marker attached to the headband. The only information the camera captures is how much the marker has moved during the test. Please don't wear anything sparkly or with a reflective strip as this will interfere with the test equipment.

Can a child get the test wrong?

You can't get it wrong. The Qb test is about tracking how the child responds and helps gather valuable information to help support them in the future. It is not a pass or fail test.

There will be opportunity to ask questions at your appointment so please don't worry if your question isn't answered in this leaflet.

If after reading this leaflet you feel the Qb Test may not be suitable, an alternative assessment can be provided by our service. See the appointment letter for contact details.

