



Essex Partnership University
NHS Foundation Trust

NHS
Essex Partnership University
NHS Foundation Trust
**WE CARE.
WE LEARN.
WE EMPOWER.**



EPUT MEDICAL TEAM: WHERE **INNOVATION** MEETS **TRADITION**

- ✓ About EPUT
- ✓ Our Services
- ✓ Why you should join EPUT
- ✓ Moving to Essex
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FOREWORD

Welcome to Essex Partnership University NHS Trust (EPUT)!

I am delighted to welcome you to our medical recruitment brochure. We are a leading mental health trust in Essex and are committed to providing high-quality, compassionate care to people with mental health problems.

We are seeking passionate and dedicated psychiatrists to join our team. We offer a challenging and rewarding career with the opportunity to make a real difference in the lives of others.

If you are a qualified psychiatrist with a passion for helping people, we would encourage you to apply. We have a range of roles available across our Essex services, including inpatient and outpatient clinics, community mental health teams, and specialist services.

To find out more about the roles available and the benefits of working for EPUT, please read our brochure. We look forward to hearing from you!



Milind Karale
Chief Executive
Medical Director

WE CARE.
WE LEARN.
WE EMPOWER.





WHO ARE WE

EPUT is among the largest Mental Health Trusts in the UK.

Would you like to be part of leading health and wellbeing service in the provision of mental health and community care? Why not join Essex Partnership University NHS Foundation Trust for the opportunity to flourish and excel in your career and be part of our dedicated medical team.

We seek motivated staff who share our Trust values of We Care, We Learn, and We Empower. In return, we offer a range of benefits, including flexible working, seasonal ticket loans, long annual leave entitlement, a cycle-to-work scheme, excellent training, personal and professional development opportunities and excellent pension scheme.

We recognise our staff for their daily contribution and welcome applications from all backgrounds as we highly value the talents of people with different views and experiences together, we can do our best work, support one another and care for our patients.

Starting at EPUT is just the beginning, and we want you to thrive and grow.

OUR VISION

To be the leading health and wellbeing service in the provision of mental health and community care.

OUR VALUES

WE CARE.



WE LEARN.



OUR PURPOSE

We care for people every day.
What we do together matters.



WE EMPOWER.



WHAT MAKES US SPECIAL

At EPUT we are committed to doing everything we can to deliver the best environment for care and recovery to the people we care for.

Patients, their families and our colleagues are at the heart of everything we do. Building strong relationships and co-production will support us in our journey to achieve the vision to be the leading health and wellbeing service in the provision of mental health and community care.

CULTURE OF LEARNING



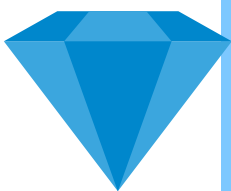
We are committed to helping you to be the best that you can be.

GROW OUR OWN



Starting at EPUT is just the beginning and we want you to thrive.

VALUING YOU



Recognising your dedication. We look after you.

INCLUSION



We recognise you for you.

BE PART OF THE TRANSFORMATION



We are transforming how we deliver patient care.

“Join us, and you’ll do the best work of your life - and make a difference in other people’s lives”

WHERE WE WORK

Our Trust includes a wide network of facilities in Essex, Suffolk and Bedfordshire.

In Essex we have multiple service centres, positioned across the county allowing work mobility and flexibility for our staff.



MAP OF THE EPUT ESSEX SERVICES



OUR MENTAL HEALTH SERVICES

EPUT offers a multiple opportunities for your career development in a wide spectrum of services and specialities. Whenever lies your professional interest we can accommodate your career ambitions and allow you to work, lead, teach and grow.

**Community
Mental
Health
Service**

**Perinatal
Mental
Health
Service**

**Adult
Inpatient
Mental Health
Service**

**Child and
Adolescence
Mental
Health
Service**

**Old Age
Inpatient
Mental Health
Service**

**Learning
Disability
Service**

**Eating
Disorder
Service**

**111
Mental
Health Crisis
Response
Team**

**Personality
Disorder and
Complex
Needs
Service**

**Forensic
Mental
Health
Service**

WHY JOIN EPUT

Find the career you deserve and changes lives every day.

- Working for EPUT means a rewarding and challenging career that allows you to make a real difference in people's lives. You will be part of a team of highly skilled and dedicated mental health professionals who are committed to providing the best possible care to patients.

We are committed to enabling our staff to learn and grow their skill set. We offer a variety of professional development opportunities, including in-house and external training, conferences, and workshops.

We also offer:

- £8K relocation support
- flexible working schedules
- excellent benefits and discounts
- academic and scientific development.

We offer £10,000 recruitment premia for specific inpatient posts.



MY EPUT CAREER

Working with EPUT has been a journey of continuous learning and growth



As an international fellow doctor, my journey has been truly transformative because of the outstanding support and positive work experience at EPUT.

Relocating to a new country was daunting in many ways, however, the seamless support I have received at EPUT made the transition remarkably smooth. The team not only assisted in adapting to a new healthcare system but also went above and beyond to make me feel at home. Moreover, the support did not stop at the professional front; it extended to every aspect of my life. Assistance with finding suitable accommodation, understanding local traditions, and even recommendations for various requirements showcased a commitment to my overall well-being. This comprehensive support made my transition from one country to another not just manageable but genuinely an enjoyable process.

The Trust's dedication to professional development is evident by the multitude of resources and educational opportunities provided. From comprehensive training programs to mentorship initiatives, I found myself surrounded by a wealth of knowledge and expertise which is helping me with my career progression. The support I have received at both professional and personal levels has been a cornerstone of my positive experience with the EPUT.



Dr Deepthi Hudge

Older Adult Community,
Latton Bush, Harlow

Their willingness to share insights, advice, and even experiences from their own professional journeys has been invaluable, fostering a sense of unity that transcends cultural differences.

I am grateful for this enriching experience and the incredible support that has made my journey truly fulfilling and rewarding, making the transition from being an international fellow doctor to an integral part of the EPUT family.

ACHIEVE BEYOND CLINICAL PRACTICE

We can help you discover and grow into new horizons

Working for EPUT gives you the chance to pursue your career goals beyond your clinical work. We strive to ensure that our doctors have individualised job plans that suit their needs and interests as much as possible. Whether you are interested in joining EPUT to advance your training or as a consultant, we will work with you to support you through your career journey. We have links with Anglia Ruskin University and the University of East Anglia. You will be able to teach doctors across all training levels including medical students.

You will be able to teach doctors across all training levels, starting with medical students.

We host foundation year doctors, GP trainees, CT doctors and ST doctors, with different educational needs throughout their training, which you can be involved in!

Get support for your research goals EPUT also has an excellent research department that helps doctors achieve their own research goals and is available to guide doctors through the different stages of their projects. In addition, we also have a strong audit team and we regularly take part in local and national audits, which is both valuable for service improvement and training.



MY EPUT CAREER

I cannot stress enough how amazing the experience has been and the level of support I have received from EPUT



Hi there, my name is Chris. I'm one of the Medics on the SE FIRST based at the Harland Centre in Westcliff-On-Sea, and it is my pleasure to share my experience of joining the EPUT family with you.

I can still recall the day I received my job offer and the ensuing excitement associated with moving to the United Kingdom and starting this new journey.

From that moment onward I cannot stress enough how amazing the experience has been and the level of support I have received from EPUT which involved assistance with applications, whether that be in the form of instruction manuals, detailed emails or telephone conversations. I can honestly state that I have never felt lost or unsure of how to complete the next step.



Dr Christopher St. Hill

LAS Trust grade doctor, First team, Harland Centre.

Having completed all the requisite applications and received all the necessary documents, the next step involved the actual process of moving to the UK. EPUT kindly offered to contact local rental companies and to speak to the agents on my behalf. Additionally, EPUT arranged for the team secretary to ensure that I was equipped with all the hard and software necessary to make my transition into the team smooth and seamless.

This is now my third month working with EPUT and my views of the Trust have not diminished in any regard. My team continues to be pleasant, helpful and respectful at all levels. There continues to be a high level of communication with frequent updates, feedback and opportunities for both personal and professional development. Of note, EPUT also has outstanding technical support staff who are not just knowledgeable but also have great interpersonal skills. Hence, no question asked seems insignificant or irrelevant. Additionally, there is a notable effort by EPUT to promote inclusion and equality through the multiple activities and services made available in this regard.

In conclusion, my experience so far has been nothing but positive, I have no regards associated with joining the Trust and I would also wholeheartedly recommend it to family and friends. Moreover, I look forward to continued growth and development with EPUT.

RELOCATE TO ESSEX



GET UP TO £8000 RELOCATION PACKAGE

Essex is a fantastic place to live and work. With 350 miles of stunning coastline, parks, cities and green spaces, Essex is home to 1.83 million people, full of thriving communities with diverse lifestyles and interests. Working and living in Essex has lots of advantages. It is an excellent area to work in with close proximity to London and a quick hop to Europe is easy from local airports or the Eurotunnel.

Our largest cities Southend-on-Sea, Colchester and Chelmsford combine ancient history with modern architecture and a well-developed economy. Vibrant city streets after a variety of International restaurant and café, offering fresh and delicious food from all over the world alongside traditional British pubs and eateries within small market towns.

**PERFECT
LOCATION**



**ALWAYS SOMETHING
FUN TO DO**



**GREAT
EDUCATION**



Scan the QR code
to learn more
about Essex or
click [here](#)

HOW TO JOIN EPUT

Come join us in sharing our passion to make a difference in mental health care. To join us, you need:

- 1** A Bachelor of Medicine, Bachelor of Surgery, or equivalent medical qualification
- 2** Registered with the General Medical Council and for Consultant positions also be on the Specialist Register
- 3** Careers grade positions, you will need Section 12 (2) Approval or intention to obtain one
- 4** Consultant positions, you will also need to be on the Specialist Register and have Approved Clinician Status, or be in the process registering.

Have questions? Contact our team at epunft.doctors@nhs.net



I began working in EPUT in February 2023 as a Specialty Doctor via the Advanced Fellowship in Psychiatry scheme by the Trust. I received this offer as an IMG while still in my country, Nigeria, and I remember how apprehensive I was about the notion of relocating my family, the uncertainties that are associated with that, as well as the challenge of having to settle into Psychiatry practise in the NHS.



Dr Ugo Uchendu

Liaison and CRT team

EPUT however proved to be a very supportive Trust, starting from the Admin personnel who I dealt with while processing my application to the two teams I now work with and my other colleagues at work. Having a supportive and friendly environment to work in, for me, the key to maximum productivity, efficiency and effectiveness and I have found such an atmosphere here. Given the chance, I will choose to work here over and over again and I have since been an unpaid advocate for EPUT to my colleagues seeking NHS experience

MY EPUT CAREER

In 5 years my job titles changed quickly from MTI trainee, to higher trainee, to consultant psychiatrist.



Dr Adel Elagawany

Adult Community
Mental Health team,
C&E Centre

Like all trips, mine started with some discontent of where I was and the dream of a better destination. You pack your bags, book the flight and take the trip, hoping for some interesting, enjoyable times ahead. You leave your comfort, familiar zone with 2 bags and a flight ticket, dreading the fragility of the journey ahead, where anything can shatter it, like bad timing, uneducated choices, unexpected circumstances or the false promises of the destination.

My trip to the UK started 5 years ago. My destination there was chosen after a thorough search, one as meticulously done as you would expect from someone who has not stepped in the UK before. A place close to London but with cheaper prices, somewhere with easy accessibility to an international airport, country sides, beaches, somewhere not too crowded but not quite small and with the best schools there is to offer. The search results came up with a city named as best place to live in the UK that year, 2018. The name of the destination was Chelmsford, Essex and if you are a psychiatrist like me, then you call the trust giving you this opportunity EPUT.

I came to EPUT as an MTI doctor, a training program sponsored by the Royal College allowing IMG to train and work in the UK for two years. The initial steps and emails were countless. I laugh now looking back at the questions I bombarded the HR department with; but they never did. They answered my queries and offered guidance to my submissions. They committed to the timeline, and I was in the UK on the exact date that was agreed on almost a year ago.

You step in the UK and you immediately need to re-establish everything you took for granted; accommodation, transportation, utilities, schools... You just signed a contract stating that you start work the following day and you wonder how is this possible? But with the understanding and support I was given from the very first day I started to realise quickly how this could really work out.

Once settled, you face the challenges of accommodating everything you learned into a new system while trying to progress with your career. And once again I was not disappointed, flooded with support and guidance I was able to finish all my MRCPSYCH exams during my first year in the UK.

MY EPUT CAREER

I just got my dream consultant job few months back.



I applied to a higher training post before the end of my MTI program. And I was lucky enough to get my first choice for matching. If you are still wondering, of course it was in EPUT. I spent my higher training years in the same educational and supportive environment. Providing me with the communication and managerial skills I will use later on when I became a consultant psychiatrist. In 5 years my job titles changed quickly from MTI trainee, to higher trainee, to consultant psychiatrist.

I just got my dream consultant job few months back, one with short commuting time and with very supportive managers and directors. I have no idea where the trip will end, and to be honest I don't care as much, as they say it is the journey not the destination that matters. And mine with EPUT continues to be quite an enjoyable one.



I am very thankful for the opportunity I got in EPUT, I got to know some of the best psychiatrists I ever met. And if they are reading this now, you know who you are. And I want to thank you all.

MY EPUT CAREER

I have been able to realize my dream of becoming an old-age psychiatrist, working in the NHS.



I have graduated my MD in psychiatry from India and worked in various roles, academic and private. I enjoy my work but the constraints of services back home always left me with a feeling that I could do more for my patients. I have always admired the philosophy of NHS and its quality of care. Fortunately for me I came across the EPUT International Fellowship scheme but, I was sceptical about moving out of the comfort of my home. Since my selection in the interview, EPUT staff have constantly been in touch with me at regular intervals, guiding me through each step and ensured a smooth transition. This support did not stop with my arrival to this country. I had a fantastic induction which introduced me to the services in general and later specific to my post. My consultant has guided and supervised me in my clinical/professional roles as well as providing me with the much needed pastoral guidance.

I have been able to realize my dream of working in old age psychiatry and learning about psychopathology in the elderly, organic disorder such as dementia as well as a little about how the services are designed to cater to the community.

I plan to further establish myself in this field and EPUT is ever eager to support me with my personal development plans with constant encouragement and various forums it exposes me, so I meet like-minded colleagues. Now, two years older in this job, I am ever closer to realizing my dream of becoming an old-age psychiatrist, working in the NHS, thanks to all the support I have received at EPUT.



Dr Prashanth Peethala

Specialty Doctor, Older Adult,
SDFS, St. Margaret's Hospital

LETS CONNECT!

Need more information? Want to discuss a role?
Message us and we will connect you with the relevant
clinical director.



epunft.doctors@nhs.net



<http://eput.nhs.uk>



Useful links:
[Working for EPUT](#)
[Our Vacancies](#)
[Living in Essex](#)

For more
information,
please scan
the QR code
or visit our
website [here](#)





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