

Volunteer Role	Walk Talk and Grow Volunteer
Location	Thurrock (Corringham) / Southend (Hamstel Road)
Job Description	<p>Helping with a new Walk, Talk and Grow project aiming to get young people to learn about eating healthy, growing their own food and learning to cook with it.</p> <p>Help the team by contributing to the maintenance of the allotment, assisting in the safe use and management of tools and equipment and cleaning/tiding of tool shed.</p>
Additional Info	<p>Would suit someone who is:</p> <ul style="list-style-type: none"> - Patient - Has excellent communication and interpersonal skills - Has gardening experience/skills - Is enthusiastic for and has strong knowledge of gardening/allotments <p>Our approach to volunteering is values based and applicants must be able to demonstrate the Trust's corporate values and behaviours which are Open, Compassionate and Empowering.</p>
How to apply	<p>Contact the Trust Volunteering Team on:</p> <p>Tel: 01268 739 600</p> <p>Email: epunft.businesssupport.volunteering@nhs.net </p>